



**Installation:** Naval Air Station Whiting Field  
**Address:** 7511 USS Enterprise St. Bldg. 3025  
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## FFSC NAS WHITING FIELD WORKSHOP SCHEDULE FOR DECEMBER

Pre-registration is requested for all workshops. To register for our workshops, please call (850)-623-7177 or email cnic\_se\_whtg\_ffsc@us.navy.mil. All workshops are FREE and open to all active duty, reserve, retired personnel and their family members.

### Personal Financial Management Programs

|          |                                                                               |
|----------|-------------------------------------------------------------------------------|
| Dec 2-3  | <b>Million Dollar Service Member @ 0800</b>                                   |
| Dec 4th  | <b>Budget for Baby (Bldg. 2998) @ 1100</b>                                    |
| Dec 9th  | <b>Cracking the Code: Understanding Banking and Financial Services @ 1300</b> |
| Dec 16th | <b>Entitlement to Continuation Pay @ 1300</b>                                 |

### Relocation Assistance Programs

|          |                                        |
|----------|----------------------------------------|
| Dec 10th | <b>Smooth Move (Bldg. 2998) @ 1100</b> |
| Dec 16th | <b>Moving Overseas @ 1100</b>          |

### Transition Assistant Program (TAP)

|           |                                               |
|-----------|-----------------------------------------------|
| Dec 11-12 | <b>TAP Vocational (Bldg. 2998) 0800-1600</b>  |
| Dec 17th  | <b>DoD Skillbridge (Bldg. 2998) 0800-1600</b> |

### Family Employment Programs

|          |                                      |
|----------|--------------------------------------|
| Dec 9th  | <b>Importance of a Mentor @ 1000</b> |
| Dec 16th | <b>Networking @ 1000</b>             |

### Life Skills Education Programs

|          |                                      |
|----------|--------------------------------------|
| Dec 2nd  | <b>Conflict Management @ 1100</b>    |
| Dec 4th  | <b>Military Spouse 101 @ 0930</b>    |
| Dec 12th | <b>Communication and Kids @ 1100</b> |

### Military Family Support Programs

|          |                                                        |
|----------|--------------------------------------------------------|
| Dec 5th  | <b>Mind, Body, Mental Fitness (MBMF) Mod. 5 @ 1100</b> |
| Dec 19th | <b>Mind, Body, Mental Fitness (MBMF) Mod. 6 @ 1100</b> |

### Clinical

|         |                            |
|---------|----------------------------|
| Dec 5th | <b>FAP Module 5 @ 0900</b> |
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