



**Installation:** Naval Air Station Whiting Field **Address:** 7511 USS Enterprise St. Bldg. 3025

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# FFSC NAS WHITING FIELD WORKSHOP SCHEDULE FOR OCTOBER

Pre-registration is requested for all workshops. To register for our workshops, please call (850)-623-7177 or email cnic\_se\_whtg\_ffsc@us.navy.mil. All workshops are FREE and open to all active duty, reserve, retired personnel and their family members.

#### **Personal Financial Management Programs**

Oct 7th	Wheel Wise: Navigating Car Buying and
	Financing @ 1300
Oct 14th	The Holiday Financial Survival Kit @ 1300
Oct 21st	Rent with Confidence: A Financial
	Workshop for Tenants @ 1300
Oct 28th	Military Pay 101-Help me Read my LES @
	1300

# **Sexual Assault Prevention and Response (SAPR)**

Oct 14th	Unaccompanied Housing @ 0900
Oct 14th Oct 21st	CDO Training @ 0900
Oct 27-31	SAPR 40-hour Initial Training (Bldg.
	2998) @ 0800

## **Relocation Assistance Programs**

Oct 1st	Smooth Move (Bldg. 2998) @ 1100
Oct 15th	Smooth Move (Bldg. 2998) @ 1100
Oct 22nd	Final PCS @ 1100
Oct 29th	Smooth Move (Bldg. 2998) @ 1100
Oct 30th	Sponsorship Training (Bldg. 2998) @
	1100

#### **Transition Assistant Program (TAP)**

Oct 20-22	TAP (Bldg. 2998) 0800-1600
Oct 23-24	B2B (Bldg. 2998) 0800-1600
Nov 17-19	TAP (Bldg. 2998) 0800-1600
Nov 20-21	Education (virtual) 0800-1600

#### **Family Employment Programs**

Oct 2nd	Acing the Interview @ 1300 Networking @ 1300 Starting Your Own Business @ 1300
Oct 16th	Networking @ 1300
Oct 30th	Starting Your Own Business @ 1300

### **Life Skills Education Programs**

Oct 2nd	Communication & Kids @ 1200
Oct 9th	Anger Management @ 1000
Oct 21st	Time Management @ 1000
Oct 28th	Healthy Relationships Bingo (Airdales)
	@ 1030

#### Military Family Support Programs

Oct 3rd	Mind, Body, Mental Fitness (MBMF)
	Mod. 1 @ 1100
Oct 14th	Military Spouse 101 @ 0900
Oct 24th	Military Spouse 101 @ 0900 Mind, Body, Mental Fitness (MBMF)
	Mod. 2 @ 1100

#### Clinical

Oct 1st	Domestic Violence Prevention
	Proclamation signing @ 0930
Oct 3rd	Module 4: The coordinated community
	response @ 0900
Oct 16th	FAC MDT @ 0900