



**Installation:** Naval Air Station Whiting Field  
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## FFSC NAS WHITING FIELD WORKSHOP SCHEDULE FOR APRIL 2026

Pre-registration is requested for all workshops. To register for our workshops, please call (850)-623-7177 or email cnic\_se\_whtg\_ffsc@us.navy.mil. All workshops are FREE and open to all active duty, reserve, retired personnel and their family members.

### Personal Financial Management Programs

Apr 7th	<b>Navigating Car Buying &amp; Financing @ 1400</b>
Apr 14th	<b>Paying for College @ 1400</b>
Apr 21st	<b>Your Insurance Needs @ 1300</b>

### Sexual Assault Prevention and Response (SAPR)

Apr 1st	<b>Proclamation Signing (City Fountain, Downtown Milton) @ 1130</b>
Apr 7th	<b>Teal Tuesday Awareness Table (Tower Café) @ 1100</b>
Apr 14th	<b>Teal Tuesday Awareness Table (Airdales) @ 1100</b>
Apr 21st	<b>Teal Tuesday Awareness Table (Gym) @ 1100</b>
Apr 29th	<b>Denim Day</b>

### Relocation Assistance Programs

Apr 1st	<b>Smooth Move (Bldg. 2998) @ 1100</b>
Apr 15th	<b>Smooth Move (Bldg. 2998) @ 1100</b>
Apr 22nd	<b>Moving Overseas @ 1100</b>
Apr 29th	<b>Smooth Move (Bldg. 2998) @ 1100</b>

### Transition Assistant Program (TAP)

Apr 20-22	<b>TAP (Bldg. 2998) 0800-1600</b>
Apr 23-24	<b>Vocational Track (Bldg. 2998) 0800-1600</b>
May 18-20	<b>TAP (Bldg. 2998) 0800-1600</b>
May 21-22	<b>Employment Track (Bldg. 2998) 0800-1600</b>

### Family Employment Programs

Apr 2nd	<b>Career Assessment @ 1300</b>
Apr 16th	<b>Networking @ 1300</b>
Apr 30th	<b>Importance of a Mentor @ 1400</b>

### Life Skills Education Programs

Apr 8th	<b>Anger Management @ 1000</b>
Apr 14th	<b>Stress Management @ 1200</b>
Apr 23rd	<b>Communication &amp; Kids @ 1200</b>

### Military Family Support Programs

Apr 3rd	<b>Mind, Body, Mental Fitness (MBMF) Mod. 1 @ 1100</b>
Apr 7th	<b>Military Spouse 101 @ 0900</b>
Apr 17th	<b>Mind, Body, Mental Fitness (MBMF) Mod. 2 @ 1100</b>

### Clinical

Apr 1st	<b>Proclamation Signing (FFSC) @ 0900</b>
Apr 3rd	<b>FAP Mod. 1 @ 0900</b>
Apr 16th	<b>FAC Training @ 0900</b>