



Resource: Back to School Basics in COVID-19

Air Force Child and Youth Services:

<https://www.usafservices.com/Home/SpouseSupport/ChildrenYouthResources.aspx>

Military Child Education Coalition (MCEC) has information and tips on transitions. Check to see if there is a Military Student Transition Consultant (MSTC) in your area, www.MilitaryChild.org

SchoolQuest is an interactive tool specially designed to support highly mobile military families and students in middle and high school. You can create a virtual file for your student's academic career. <https://schoolquest.militarychild.org/>

Department of Education has information on family and community engagement, www.ed.gov. Check your state's department of Education website for your Department of Education Military Child and Family Liaison. **State Department of Education** contacts: <https://www2.ed.gov/about/contacts/state/index.html>

Military Interstate Children's Compact Commission (MIC3): The Interstate Compact addresses key educational transition issues encountered by children of military families. www.mic3.net

Khan Academy: <https://www.khanacademy.org/>

Online Tutoring for Military Families: <https://military.tutor.com/home>

School Liaison Officer (SLO) listings:
<https://www.dodea.edu/Partnership/schoolLiaisonOfficers.cfm>

Communication: https://scholar.harvard.edu/files/mkraft/files/kraft_dougherty_teacher_communication_jree.pdf

(Kraft and Dougherty, Journal on Research of Educational Effectiveness the Effect of Teacher-Family Communication on Student Engagement: Evidence from a Randomized Field Experiment. October 2012.)

Communicating with your child: National PTA
<https://www.lookingaheadprogram.org/uploads/media/8404330174.pdf>

Family Dinner Project: <https://thefamilydinnerproject.org/blog/7-ways-to-support-kids-and-teens-through-the-coronavirus-pandemic/>

The importance of sleep: <https://www.mayoclinic.org/healthy-lifestyle/adult-health/expert-answers/how-many-hours-of-sleep-are-enough/faq-20057898>

Studies have shown that screen time before bed can disrupt a person's sleep cycle
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4437561/>

For More Information: Parents@MilitaryChild.org





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Grade forecasting: Armstrong MJ, 2013. "A preliminary study of grade forecasting for students," Decision Sciences Journal of Innovative Education 11, #2, 193-210. <http://onlinelibrary.wiley.com/doi/10.1111/dsji.12003/abstract>

Tips for Successful Virtual Learning

Source: Military One Source

Reference: https://www.militaryonesource.mil/education-employment/for-children-and-youth/pre-k-to-12-education/try-these-home-schooling-tips-resources?redirect=%2Feducation-employment%2Ffor-children-and-youth%2Fpre-k-to-12-education%3Fcontent_id%3D280995

Establish a routine for learning at home

Consider your child's age. Transitioning to home-based learning will be very different for a preschool student than a middle or high school student. Discuss your expectations for learning at home and go over any concerns so you are on the same page.

Set and follow a weekday schedule for starting and ending the school day and going to bed. All children benefit from structure, even if they try to resist it.

Build in flexibility to accommodate your own work and other responsibilities. You may be teleworking, for example. See if you and your spouse, partner or another adult in your household can share some of the teaching. It might also help to set aside time in the evenings to check over assignments or work together on reading and other skills.

Take breaks. Schedule time during the school day for lunch, snacks and age-appropriate breaks. Think physical education, recess, etc.

Build in time for creativity. Make time for music, art and other creative subjects. This may include time for your child to practice an instrument, draw, paint, try their hand at drama or develop other skills. Have younger children practice counting by stacking blocks, or build a fort from sheets.

Help your child safely connect with friends and relatives. Connecting with friends and family members outside your household is important. Work with your child's school, their friends' parents and others to help them stay in touch. Consider taking turns leading virtual lessons or hosting virtual play dates. Have your child write letters to people they care about while practicing handwriting and grammar.

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Resource: Education Options for Military Connected Children

MCEC Podcasts: For the Sake of the Child

Find our podcasts on Podbean: <https://militarychild.podbean.com/>, Google Play or iTunes

Podcasts related to today's topic:

Parent Chat: Top Tips for Parents Temporarily Schooling at Home

Talking to Kids about Coronavirus (COVID-19)

The Magic of the Family Meal

Webinars related to today's topic: www.militarychild.org/webinars

Magic of the Family Meal

Homework Motivation Strategies and Support

Test Taking Strategies for Elementary School

Test Taking Strategies for Middle and High School

Academic Portfolios for Children of All Ages

Middle & High School Transition Portfolios

Education Options for Military-Connected Children

Videos shared:

Fox 24 NWA, On-line vs. In-person learning: <https://www.youtube.com/watch?v=sJe7E7gCRA8>

Parent Involvement: <https://www.youtube.com/watch?v=nOhZ6U5yaXA>

Elmo Washing Hands Video: https://www.youtube.com/watch?v=yQn0z6xa8II&feature=emb_title

UPCOMING WEBINARS RELATED TO TODAY'S TOPIC:

August 26, 2020—Parental Involvement-Connecting to Your Child's Teacher in COVID-19

September 2, 2020—Virtual Parent Teacher Conferences

For More Information: Parents@MilitaryChild.org



