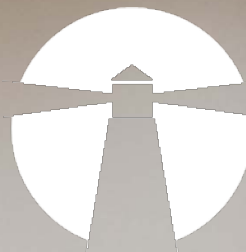


Morale, Welfare & Recreation Department at Naval Air Station Whiting Field

# BEACON



January

## NEWSLETTER

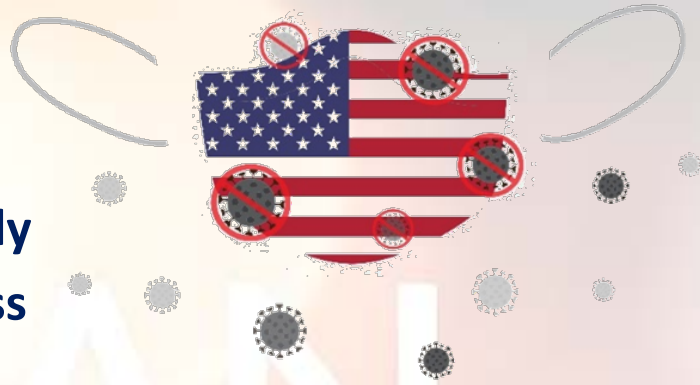
2021



## New Year Activities starting on page 3

# Facility Updates

- Some facilities and times are open to active duty only
- All facilities remain cashless (credit card only)
- Room furniture is limited to maintain six feet social distance and encourages small groups



**MAINTAIN  
SOCIAL  
DISTANCE**

- All water fountains that are not designed for water bottles are secured
- Facilities have a cleaning schedule developed which includes disinfection of high-touch surfaces in customer areas every 2-3 hours.



## WINTER READING CHALLENGE

January 1 – February 28

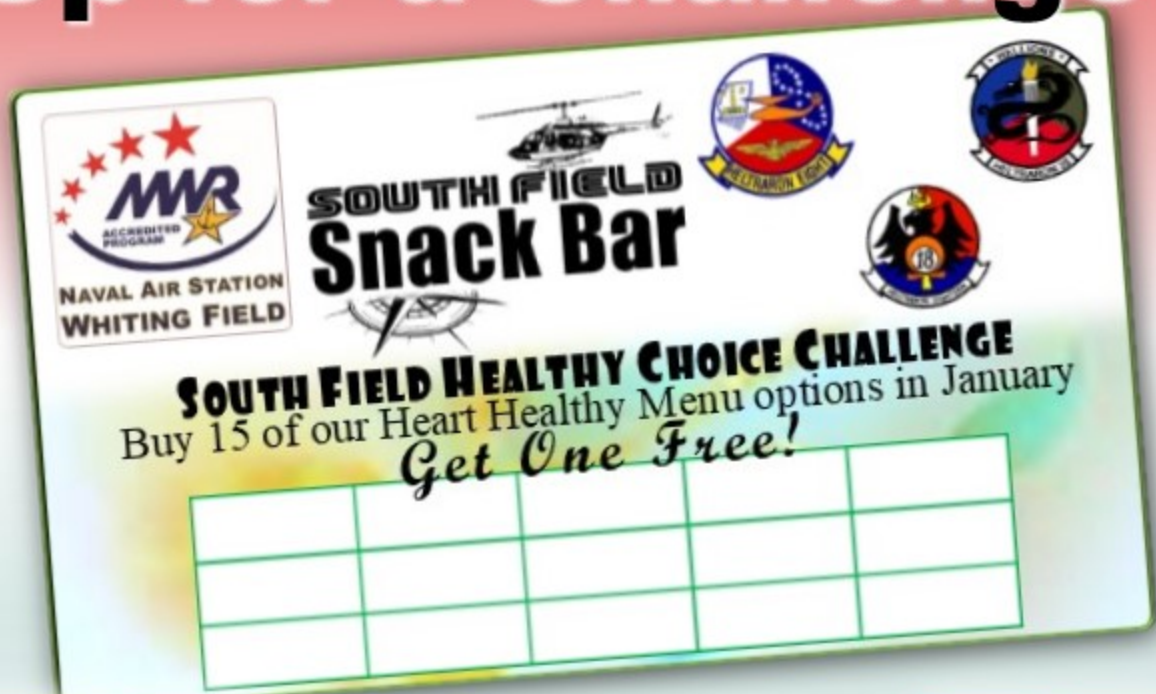
[DoDVirtualSRP.Beanstack.org](https://DoDVirtualSRP.Beanstack.org)

Log reading time to be entered into weekly gift card drawings. The top child, teen and adult readers will also be awarded a gift card. Help us reach our winter goal of reading 5 million minutes!





# Up for a Challenge?



## Heart Healthy Menu Options

### Ready-made Salads (as priced)

**Veggie Wrap** \$4.50

Lettuce, tomato, onion, avocado,  
choice of cheese and dressing

**Caesar Chicken Wrap** \$5.75

Grilled chicken, lettuce, Parmesan  
cheese and Caesar dressing

**Black Bean Veggie Burger** \$6.00

Lettuce, tomato, onion and ranch  
dressing (cheese on request)

**Chicken Sandwich** \$4.75

~~Fried~~ or grilled chicken, lettuce and mayo

*Have it grilled!*

**ORDER AHEAD 850-623-6574**



Visit us on the web!

[www.navymwrwhitingfield.com](http://www.navymwrwhitingfield.com)



**\$100  
CASH PRIZE!**

**Win  
\$100  
in Cash!!**



## CHOPPED CHALLENGE

**Thursday & Friday  
January 21-22  
4:30pm-6:00pm  
in the Atrium**

**FREE REGISTRATION  
850-623-7032**



Sponsored by

NO ENDORSEMENT IMPLIED



### **Community Recreation and Fitness' Chopped Competition**

**Date and Time:** Thursday & Friday, January 21-22 Time: 4:30-6:00pm

**Eligibility:** Military/ DOD ID card holders and family members

**Location:** Atrium

**Description:** Show off your cooking skill in our NAS Whiting Field Chopped Competition. Just like the TV show, you will receive a basket with four mystery ingredients that must be used to create a unique dish. We will start with a couple of Quick Fire challenges that will be in a single elimination bracket style play. The top four contestants will compete in the final full version of Chopped. Depending on the number of registration received, the competition may be split into two days. **The first place winner will receive a \$100 CASH PRIZE courtesy of our sponsor We Insure!**

**- No endorsement implied**

**Provided:** All cookware will be provided.

**What to bring:** You're inner Iron

**Fee:** Free

**Register by: Friday, January 15  
850-623-7032**







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**Darren Spicer**  
***Agency Owner***

**850-673-0160**

**darren.spicer@weinsuregroup.com**  
**weinsurespiceragency.com**



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**• Next to Beef 'O' Brady's •**

## Upcoming MWR Events!

### Community Recreation's Kids Build and Play

**Date and Time:** Friday, January 15 from 4:30pm to 6:30pm

**Eligibility:** Military/ DOD ID card holders and family members

**Location:** The Atrium

**Description:** Join our Community Recreation team for our Kids Build and Play. We will have different wooden toy kits that we will be building and customizing. We will have a variety of different wooden toys to pick from and different colors of paint. This skill class is fun for the whole family. All supplies, materials and a snack pack will be provide. Register today as spaces are limited.

**Fee:** \$15

**Register By:** Wednesday, January 13 by calling 850-623-7032 or online at <https://myffr.navyaims.com/wbwsc/nrsewhitingfield.wsc/wbsplash.html?wbp=1>.

**Provided:** Wood Toy building Kit, paint and snack pack.



Build & Sip:

Double Sided Pallet Sign

Tuesday, January 19

4:30pm to 6:30pm

### Community Recreation's Build and Sip Double Sided Pallet Sign

**Date and Time:** Tuesday, January 19 from 4:30pm to 6:30pm

**Eligibility:** Military/ DOD ID card holders and family members

**Location:** NAS Whiting Field Sikes Hall

**Description:** Spend the evening building a double sided wood pallet sign feature for your home. Wood pallet will feature two sides that can be customized for any holiday or décor style.

**Fee:** \$25

**Register By:** Thursday, January 14 by calling 850-623-7032 or online at

<https://myffr.navyaims.com/wbwsc/nrsewhitingfield.wsc/wbsplash.html?wbp=1>.

**Provided:** Price includes all supplies and a beverage ticket

**What to bring:** Tim the Tool Man Tyler

### Community Recreation's Spring Garden series:

#### Getting your garden ready

**Date and Time:** Thursday, January 28 from 3:00pm to 4:30pm

**Eligibility:** Military/ DOD ID card holders and family members

**Location:** NAS Whiting Field Victory Garden at Clear Creek RV Park

**Description:** Get your garden ready with our Spring Garden series. First up in our series is how to get your current garden space ready. This will be hands on experience as we will be working in the Victory Garden at the Clear Creek RV Park. We will be showing you how to clean up the existing vegetation and prepping the soil for spring planting. We will also share some tip and tricks for what tools work best. Then stay tuned for our next part of the Spring Garden Series: Raised Garden beds, where we will be building our own raised beds in February.

**Fee:** Free

**Register By:** Monday, January 25 by calling 850-623-7032 or online at <https://myffr.navyaims.com/wbwsc/nrsewhitingfield.wsc/wbsplash.html?wbp=1>.

**What to bring:** Garden gloves and water





## Fly Fishing the PANHANDLE

Saturday, Jan 30

\$5 per person  
850-623-7032



### Fly Fishing the Panhandle

**Date and Time:** Saturday, January 30 from 9:00am – 11:00am

**Eligibility:** Military/ DOD ID card holders and family members

**Location:** NAS Whiting Field Running Track

**Description:** When the world's top anglers talk about the best places in the world to go fly fishing, Florida always ranks at the top of the list. Join us for an introduction to fly casting in this 1st of our series. Casting instruction will be provided for anyone that wants to learn how to cast or brush up on their technique. Feel free to bring your own fly rod or use one of ours. Space will be limited to register early.

**Fee:** \$5.00 per person

**Register By:** Thursday, January 14 by calling 850-623-7032

**Provided:** Practicing Fly Rod and Equipment

**What to bring:** Your own fly rod

### Pop-up Plank Challenge

**Date and Time:** Wednesday, January 6 from 11:00am to 12:00pm

**Eligibility:** Single Active Duty Military/Geo-bachelors

**Location:** NAS Whiting Field Fitness Center

**Description:** Join the Liberty Team for our Pop-up Plank Challenge. How long can you hold a plank? A healthy snack will be provided to all those who step up to the challenge. Join the virtual challenge January 25-29 too!

**Fee:** Free

**Provided:** Healthy Snack



### Outlying Field Chopped Competition

Monday-  
Thursday  
January  
11-14



The Winner of OLF Chopped will compete in the finals of the NAS Whiting Field Chopped.

Show off your cooking skill in our NAS Whiting Field Chopped Competition. Just like the TV show, you will receive a basket with four mystery ingredients that must be used to create a unique dish. You will have 1.5 hours to complete the cooking challenge. All cookware and basket of the mystery ingredients will be included. Make sure to stock up your pantry with extra goodies to help you create your master pieces. Each OLF will be competing as a team against other OLF locations. The winner will compete in the NAS Whiting Field Chopped.



Visit us on the web! [www.navymwrwhitingfield.com](http://www.navymwrwhitingfield.com)

### Liberty's OLF Chopped Competition

**Date and Time:** Monday- Thursday, January 11-14

**Eligibility:** Single Active Duty Military/Geo-bachelors

**Location:** NAS Whiting Field Outlying Fields

**Description:** Show off your cooking skill in our NAS Whiting Field Chopped Competition. Just like the TV show, you will receive a basket with four mystery ingredients that must be used to create a unique dish. You will have 1.5 hours to complete the cooking challenge. All cookware and basket of the mystery ingredients will be included. Make sure to stock up your pantry with extra goodies to help you create your master pieces. Each OLF will be competing as a team against other OLF locations. The Winner of OLF Chopped will compete in the finals of the NAS Chopped.

**Fee:** Free



# LIBERTY CENTER REMAINS CLOSED

To get involved call 850-623-7040 or  
e-mail [xylene.lennon1@navy.mil](mailto:xylene.lennon1@navy.mil)



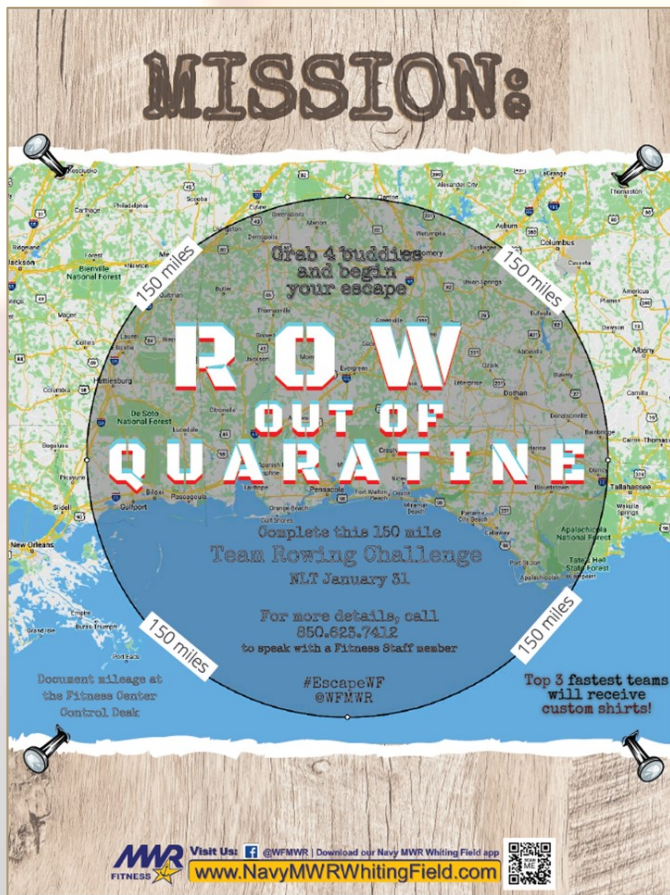
# Fitness / Sports

## FITNESS CENTER:

### HOURS OF OPERATION:

Monday – Friday 6:00am-7:00pm

Sat, Sun & Hol 8:00am-4:00pm



## ROW OUT OF QUARANTINE

Make a team of 4 and together complete the 150 mile ROM radius!

Top three fastest teams will receive shirts!

Date: Jan 1 -31 (Disregard Facebook Dates)

Register at the Fitness Control Desk.

Complete the "Group Registration Form" and log all mileage in the "Row Out of Quarantine" Binder found at the Fitness Control Desk.

## SERVICE NOTES:

- Maximum capacity is 60 person. When we achieve max capacity, a 90-minute time limit will be enforced.
- All patrons must wear a mask at all times except while using aerobic equipment
- No spotters
- No classes scheduled at this time



**Fitness News**  
Let us help you Stay Fit!  
Follow along on our 

ARE YOU READY TO PLANK?

# VIRTUAL PLANK CHALLENGE!

JAN 25-29



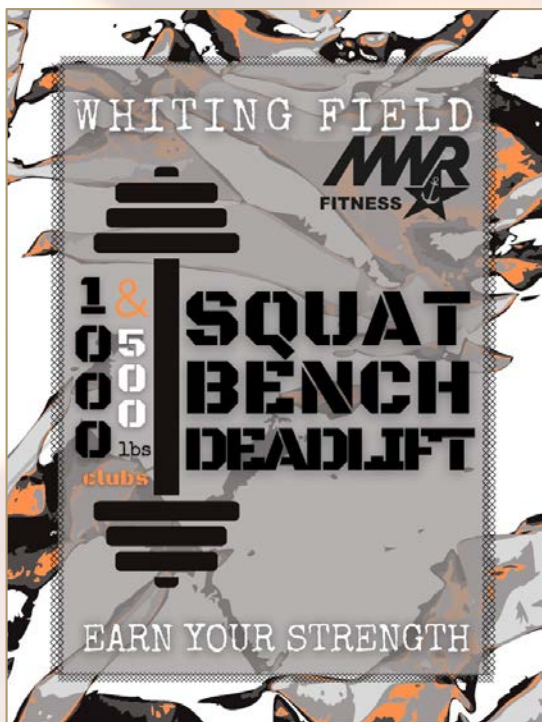
FOLLOW OUR 10 MIN VIDEOS ON FACEBOOK, INSTAGRAM, OR YOUTUBE CHANNEL! (@WFMWR)

LEARN TECHNIQUE AND TIPS FROM OUR CERTIFIED TRAINERS!

FITNESS CENTER: 850.623.7412

 Visit Us:  @WFMWR | Download our Navy MWR Whiting Field app   
[www.NavyMWRWhitingField.com](http://www.NavyMWRWhitingField.com)

# GROUP FITNESS & SPORTS PROGRAMS REMAIN CLOSED



## Fitness 500 & 1000 Pound Clubs

**Date and Time:** Ongoing Event Timeline

**Eligibility:** Military/ DOD ID card holders and family members  
Come earn your spot on our 1000lb (males) and 500 lb (females) club plaque! Perform three lifts- squat, bench, deadlift- and our fitness team will record your lifted weight. Come speak with the fitness team for more details!

**Register:** Visit us or call for more info at 850-623-7412

**Provided:** Motivational encouragement and attention from our certified trainers

**What to bring:** Dedication and commitment for self improvement

## Stay Fit!

### Soccer Skills and Goal Kick Challenge

**Date and Time:** January 10-29

**Eligibility:** Military/ DOD ID card holders and family members

**Location:** NAS Whiting Field Fitness Center

**Description:** Show us what your feet are made of with an obstacle course of varied drills. Finish with six goal kicks from eight areas each assigned points graded by level! Sign up for time slots at the Fitness Center.

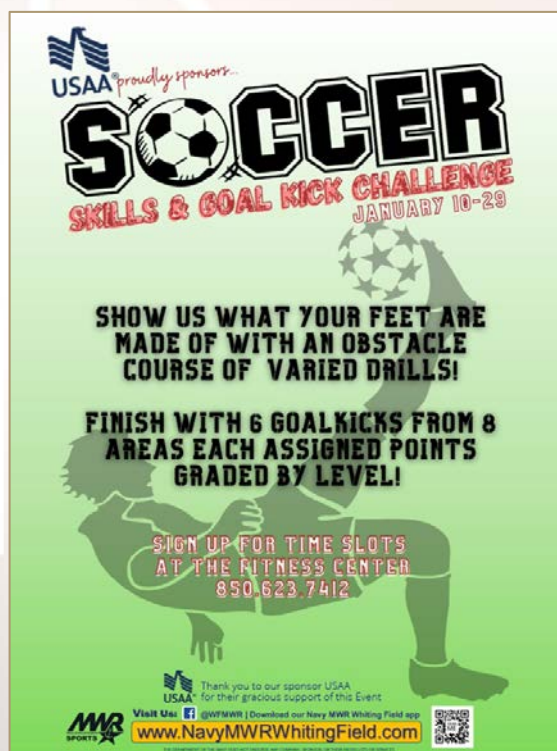
Sponsored by USAA "USAA.com" – No Endorsement Implied

**Fee:** FREE

**Register By:** Visit us or call for more info at 850-623-7412

**Provided:** Soccer Ball, Obstacles and the Goal

**What to bring:** Your happy feet and a smile!



# GROUP FITNESS & SPORTS PROGRAMS REMAIN CLOSED



# Food & Beverage

## FOOD AND BEVERAGE

### HOURS OF OPERATION:

**PATRONS:** All Eligible Patrons

### SERVICE NOTES:

- Take Out Only
- Credit Card only (no cash sales)
- Face coverings are required except while eating/drinking



**North Field Snack Bar**

850-623-2692

M-F 7:00am-1:00pm



**Tower Café (Coffee Shop)**

850-623-7290

M-F 6:00am-4:00pm



**SOUTH FIELD  
Snack Bar**

**South Field Snack Bar**

850-623-6574

M-F 6:00am-7:00pm

Up for a Challenge?



*Try our  
Heart Healthy  
Menu Options*

**ORDER AHEAD 850-623-6574**

**ACES PUB**  
(LOCATED IN THE GATEWAY INN)



**ACE'S PUB  
REMAINS CLOSED**

"ACES"

# Community Recreation

## COMMUNITY RECREATION

(Bldg. 1417 Operations)

**HOURS OF OPERATION:** Monday – Friday

8:00am-4:00pm

**PATRONS:** All Eligible Patrons

**PRICE  
LIST**

Download our latest  
[Tickets & Travel Brochure.pdf](#)



### SERVICE NOTES:

- Reservations for equipment check out is strongly encouraged by calling:  
850-623-7032 / 850-665-6250 M-F 8:00am-4:00pm
- All patrons must wear a mask
- Credit Card Sales Only – No Cash Sales

## Navy Community Recreation Tickets & Travel Office

We specialize in:  
**Tickets • Cruises  
Vacation Packages  
Air • Car • Rail • Hotel**



Call (850) 665-6250 to let our travel professionals serve you!



## CLEAR CREEK RV PARK

**HOURS OF OPERATION:**

Monday – Friday 8:00am-4:00pm

On Site Services available at the  
Community Recreation Office

### SERVICE NOTES:

- Reservations must be in advance and can be provided by calling the office at 850-623-7032 / 850-665-6250 or by calling the 24/7 call center at 877-628-9233 (877-NAVY-BED) or by accessing <https://get.dodlodging.net>

## Clear Creek RV Park



**Stay! Play! Relax!**  
[www.navygetaways.com](http://www.navygetaways.com)

- Personnel arriving from outside the local area (greater than 150 miles) will not be allowed on the installation for 14 days.



# Navy General Library (Tower Books)



**All patrons must enter the facility wearing a mask**

**HOURS OF OPERATION:**

Monday – Friday 8:00am-4:00pm

**PATRONS:** All Eligible Patrons

**SERVICE NOTES:**

- The Library IS NOW OPEN TO BROWSE RESOURCES
- No seating will be available
- Returned items are not available for at least 24 hours
- All patrons must wear a mask
- You can request an item by either calling the library at 850-623-7861 or email the library at [whitingfieldlibrary@gmail.com](mailto:whitingfieldlibrary@gmail.com)
- Staff will continue to pull the books and call patrons when the items are ready for pickup



To view our catalog go to:

<https://eosfcweb01.eosfc-intl.net/N94058/OPAC/Til eStart.aspx>



## WINTER READING CHALLENGE

**January 1 – February 28**

[DoDVirtualSRP.Beanstack.org](http://DoDVirtualSRP.Beanstack.org)

Log reading time to be entered into weekly gift card drawings. The top child, teen and adult readers will also be awarded a gift card. Help us reach our winter goal of reading 5 million minutes!



# Facility Updates

## Whiting Park

Our beloved Whiting Park on the banks of the Blackwater River received substantial damage due to flooding from Hurricane Sally.

The park is closed as we salvage the facility. We will rebound as quickly as possible and keep you posted with more information as we move forward.



### Whiting Park Recreation Area



- Camper rentals
- Boat rentals
- Kayak & canoe rentals
- Fishing pier & more

1500 Old River Road  
Milton, FL 32583  
850-623-2333

**CLOSED DUE TO  
HURRICANE SALLY**

Florida Clean Marina Program

Florida Department of Environmental Protection  
the Clean Boating Partnership recognizes:

**WHITING PARK MARINA NAS  
MILTON, FLORIDA**

for your 3th Annual Renewal as a Clean Marina  
September 17, 2018



Pamela Grainger, Program Manager  
Clean Marina Program





Sam Chavers, Chairman  
Clean Boating Partnership







We'd like to hear from you!  
QUESTIONS - CONCERNS - COMMENTS

**3mins**  
is all it takes

[www.navymwrwhitingfield.com/feedback](http://www.navymwrwhitingfield.com/feedback)

**Please** take our online survey.



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**BEACON**  
NEWSLETTER



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