

## **Program & Event Highlights**

**Burgers and Boats** (Mon, Sep 6 – pg 3)

- \$100 packages

Paint & Sip: Campfire Theme (Wed, Sep 8 – pg 3)

- \$25 per person

**Group Pontoon Course** (Sun, Sep 19 – pg 5)

- \$10 Per person

Moon Gazing Party (Fri, Sep 17 – pg 4)

- Reservations Required for this free event

Kayak the Blackwater River Tour (Sun, Sep 26 - pg 5)

- \$10 per person

### Library

Virtual Story Time (Every Wed – pg 12)
- Join us on our YouTube channel

Tower Book Club (Thu, Sep 30 – pg 12) - Join the lively discussion



Your Library!

**Community Recreation** 

### Fitness/Aquatics

**911 Step Challenge** (Sep 6-11 – pg 7)

- Memorial Patch for the 1st 50 AD

Pop-Up Challenges (Weekly, - pg 6)

- Join the Fun and Win Something Cool!



## It's swim season!

until SGD 6

- See page 9

## On the Cover!



## This Could Be You!

Pontoon boating on the beautiful Blackwater River in Downtown Milton Florida ...

### WATCH FOR THESE ICONS!



Click to sign up or register for an event through our secure website

Click to explore all the information about the event or program through





See page 5

### **Programs & Events**

Use MyFFR for online registration: https://myffr.navyaims.com/wbwsc/nrsewhitingfield.wsc/wbsplash.html?wbp=1



Have a leisurely Labor Day exploring the beautiful Blackwater River in one of our Pontoon Boats! For \$100, this package deal includes four hours use of one of our awesome pontoon boats along with a meal for up to six persons. The meal includes burgers and hot dogs with chips and a drink too. The time frame for the boat rental is 10:00am to 2:00pm and does not include fuel or our Super Powered Towing Pontoon Boat. A boater safety card is required for pontoon rental.

Date and Time: Monday, September 6th

10:00am to 2:00pm

Price: \$100

Call Whiting Park at 850-623-2383 for

more information and reservations.

Fee: \$100- REGISTRATION IS MANDATORY BY SEP 6

Register: Call Whiting Park at 850-623-2383

### Get creative with us!

Spend the evening painting your very own Campfire themed masterpiece at our Paint and Sip. Our paint night will include an instructor lead paint night with all art supplies provided and a drink ticket.

Date and Time: Wednesday, September 8th

4:30pm

Location: Sikes Hall

Eligibility: Military/ DOD ID card holders and

family members Fee: \$25- per person

**Provided:** Price includes all supplies

and a beverage ticket.

What to bring: Inner Bob Ross

Campfire Theme Per Person Create your masterpiece of art at our Campfire Themed Paint and Sip Party!! - Instructor-led All supplies included ... and drink ticket too! Sign Up Now! **Community Recreation** 850-623-7032 Sikes Hall REGISTER BY NAVAL AIR STATION

Fee: \$25- REGISTRATION IS MANDATORY BY SEP 7 Register: Call Community Recreation at 850-623-7032

CLICK!



## **Programs & Events**

## **Moon Gazing Party!**

Date and Time: Friday, September 17th beginning at

7:00pm

Eligibility: Military/ DOD ID card holders and family

members

Location: Whiting Park Recreation Facility

**Description:** Come check out the almost Full Moon using our fancy Celestron telescope with four inch

refractor lenses.

What to bring: Drinks, snacks and your learning cap! Fee: FREE – REGISTRATION IS MANDATORY

Register: by Sep 17th at 850-623-2383



Night Owl Entertainment

Use MyFFR for online registration: https://myffr.navyaims.com/wbwsc/nrsewhitingfield.wsc/wbsplash.html?wbp=1



our universe!

## **Get Outdoors**

# Learn the basics, then explore the Blackwater River!

**Group Pontoon Course** 

#### **Date and Time:**

Sunday, September 19

12:00-2:00pm

Fee: \$10-

REGISTRATION IS MANDATORY

BY SAT, SEP 18



Prepare for pontoon renting with our group course. Our instructor will provide you with a walk-through of our Safe Boater Course. You will have a chance to see what we look for in the On-Water Practical and time to complete the Written Test. On-Water Practical will be individually scheduled at a later date with your instructor.

Eligibility: Military/ DOD ID card holders and family members

Fee: \$10- REGISTRATION IS MANDATORY BY SAT, SEP 18

Register: Call Whiting Park at 850-623-2383

## **Guided Kayak Tour**

Sunday September 26 9am-2pm



Soak up some sunshine. Learn the basics of kayaking from your guide. Use your new knowledge to explore the Blackwater River for a guided tour. We'll stop for lunch and relaxing on a sandbar before returning to Whiting Park.

Eligibility: Military/ DOD ID card holders and family members

Fee: \$10- REGISTRATION IS MANDATORY BY SAT, SEP 25

Register: Call Whiting Park at 850-623-2383

Use MyFFR for online registration: https://myffr.navyaims.com/wbwsc/nrsewhitingfield.wsc/wbsplash.html?wbp=1





## **Fitness / Sports**

#### FITNESS CENTER:

#### **HOURS OF OPERATION:**

Monday - Friday 4:30am-9:00pm Sat, Sun & Hol 8:00am-4:00pm





Filled with top of line Fitness Equipment, our Fitness Center is designed to keep you Mission Ready. Speak with a certified trainer about any of your fitness needs today

\$/\$-0800-1600 HOLIDAY- 0800-1600 PHONE: 850.623.7412

#### Follow us! «WFMWR

for up to date info, equipment highlights, workout tips, challenges. and more!

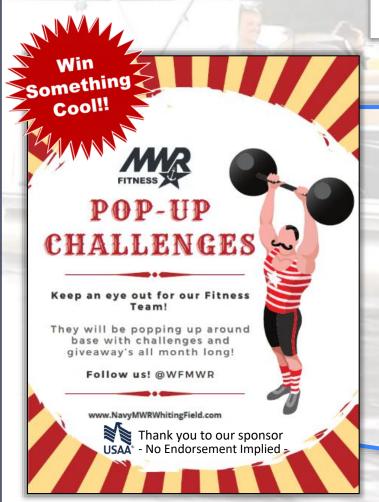
Or download our APPs







www.NavyMWRWhitingField.com



This month, join our Fitness Team at our popup challenges and you could win something cool!

We'll make our rounds weekly to encourage a little fun.

Thank you to our sponsor USAA for their support of this event

Sponsored by:





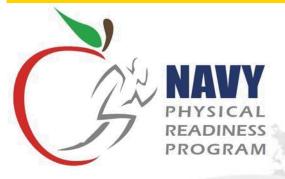
## **Fitness / Sports**



#### Complete the 9/11 Stair Challenge September 7-11

- ☐ Register with a Fitness Center Team Member
- ☐ Complete 110 stories on the Powermill
- ☐ First 50 Active Duty receive a 9/11 Memorial Patch

## **Fitness / Sports**



A new team of Command Fitness Leaders (CFLs) is coming your way in September. CFL's play an integral part in the overall fitness and readiness of Sailors. CFLs are not only responsible for conducting the biannual PFA for their commands, but also provide exercise programming and guidance throughout the year to ensure the members of their command maintain physical readiness.



The course covers the administrative actions and duties of a CFL, basic exercise physiology and nutrition principles along with basic PRIMS training

In our commitment to the CFLs, Navy Fitness has partnered with OPNAV N17, Physical Readiness Program (PRP), for the administration and execution of the Command Fitness Leader Certification Course. Currently, there are more than 140 trained CFL instructors who conduct the CFL Certification Course at installations worldwide, with more than 100 classes offered annually.

## **Keeping our Troops Fit!**



Team photo from our March 2020 CFL Training Session in front of our Fitness Centers Navy Operational Fitness and Fueling System.

This month a select team will be trained and certified through the five-day Command Fitness
Leader Certification Course.. Upon the conclusion of this course, CFLs will have the skills, education and motivation to lead the way in establishing and maintaining a culture of fitness for their command and the United States Navy.



The five day program also includes intense, daily gym sessions teaching various methods for exercise programming.



## **Aquatics**

## NEW POOL HOURS

Weather Notice: The pool closes for inclement weather.



### It's swim season through Labor Day - September 6

Monday - Thursday: 6:00am to 8:00am

Friday: CLOSED

Saturday: 10:00am to 4:00pm Sunday: 12:00pm to 4:00pm



# Join the Fun at the Biggest Pool in Town!

## **Health Benefits of Swimming**

- Keep cool while bringing your heart rate up - but takes the impact stress off your body.
  - Helps maintain a healthy weight, healthy heart and lungs.
    - Builds endurance, muscle strength and cardiovascular fitness.





## **Liberty News**

IBERTY PROGRAM IS OPEN TO ACTIVE DUTY AND GEO-BACHELORS

### **LIBERTY CENTER** REMAINS CLOSED

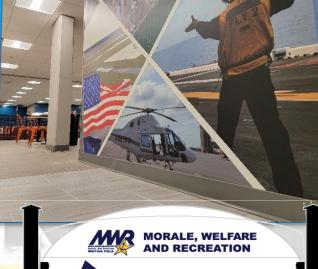
Hang In There Folks!

It won't be long until we relocate to Airdales Recreation Center.





- √ Kid's Play Zone
- ✓ Stadium Seating Movie Theater
- ✓ and so much more!



RECREATION CENTER

We plan to open the doors in October!



## **OLF Outreach**

#### **Outlying Field Summer Celebration**

The MWR Team brought a little summer celebration to our Outlying Fields (OLF's) in August.

Our hardworking teams enjoyed a special treat. We made the rounds to ensure the brave men and women of our OLF's received the attention they deserve.

Thank you for your service!

## Taking Care of the Troops!



Our hotdogs tested out the smoke alarms during our Outreach to the Outlying Fields.



It was nice to see our hard working teams taking a break with us to enjoy the weather.

## **Coming Next!**



## Navy General Library (Tower Books)

#### **HOURS OF OPERATION:**

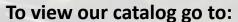
Monday – Friday 8:00am-4:00pm PATRONS: All Eligible Patrons

#### SERVICE NOTES:

- The Library is open to browse resources
- Returned items are not available for at least 24 hours You can request an item by either calling the Library at 850-623-7861 or email the Library at

whitingfieldlibrary@gmail.com





"https://milrec.bibliovation.com"

### Join us for Virtual Story Time every Wednesday!

Call us for more information

850-623-7861



Visit our Youtube channel for all our videos:

"https://www.youtube.com/channel/ UCMMGir5OcQTLzWe-5Ea3nLA".

Special thanks to our #sponsored by First Command - Pensacola, to learn more about First Command please visit:

"https://www.firstcommand.com/insurance"

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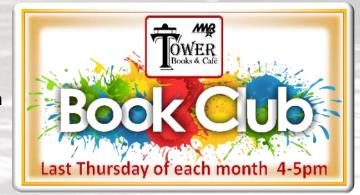
Sponsored by First Command - Pensacola, FL https://www.firstcommand.com/insurance/



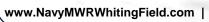
#### Be a part of the lively conversation!

Our next gathering will be on Thursday, September 30<sup>th</sup> from 4:00pm to 5:00pm in the library conference room. We will be discussing <u>Of Mice and Men</u> by John Steinbeck.

Visit the Tower Books & Café to pick up your book and get your name on the list.







## Food & Beverage

### TAKE OUT ONLY!



#### North Field Snack Bar,

Bldg. 1492

Phone: 850-623-2692

Located next to the North Field hangars,

featuring

"South of the Border" menu options.

Hours of operation: Mon-Fri, 7:00am-2:00pm



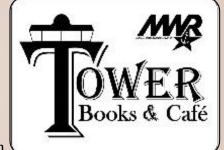
## Menu



**Tower Cafe**, Bldg. 2998

Phone: 850-623-7290

Our Tower Café is the perfect place to relax, read and study. This is our own gourmet coffee shop featuring Starbucks products, pastries, breakfast sandwiches and panini's all day. This is a great study spot! Hours of operation: Mon - Fri 6:00am-1:00pm







# Chicken Blew:



Choice of chicken or beef

Refreshing salad with tomatoes, blue cheese crumbles, candied pecans and bacon bits. Suggested dressing: Balsamic



#### South Field Snack Bar,

Bldg. 2977

Phone: 850-623-6574

Located inside the South Field Squadron building, serving up traditional fast order menu items.

Hours of operation: Mon-Fri, 6:00am-7:00pm



## **Community Recreation**

## CLEAR CREEK RV PARK HOURS OF OPERATION:

Monday – Friday 8:00am-4:00pm On Site Services available at the Community Recreation Office.

### **Clear Creek RV Park**



#### **SERVICE NOTES:**

• Reservations must be in advance and can be provided by calling the office at 850-623-7032 or by calling the 24/7 call center at 877-628-9233 (877-NAVY-BED) or by accessing https://get.dodlodging.net



## Exclusive Savings & Benefits on:

Hotels / Rental Cars / Flights Cruises / Vacation Packages

American Forces Travel is the official leisure travel website for Morale, Welfare and Recreation (MWR), www.americanforcestravel.com

MAR

#### **COMMUNITY RECREATION**

(Bldg. 1417 Operations)

**HOURS OF OPERATION:** Monday – Friday

8:00am-4:00pm

PATRONS: All Eligible Patrons

#### **SERVICE NOTES:**

 Reservations for equipment check out is strongly encouraged by calling:

850-623-7032 / 850-665-6250 M-F 8:00am-4:00pm



Download our latest

Tickets & Travel Brochure.pdf



#### **Rental Equipment List**

Outdoor Recreation Rental Equipment.pdf



## **Whiting Park**

Located on the banks of the beautiful Blackwater River in downtown Milton with plenty of room to play.

Offering a wide variety of water craft available to rent; including pontoon boats, kayaks, canoes, jon boats and even stand-up paddleboards!

There's a fishing pier, picnic pavilions, horse shoe pits, volleyball and basketball court.

#### Hours of operation:

Friday - Monday: 9:00am - 6:00pm

Tuesday - Thursday: Closed

850-623-2383 or 850-741-8746

#### PRICE LIST



Updated June 2021

## Be ready with the Boater Safety Course

NAVY MWR

#### "Boater Safety Course"

In accordance with CNIC standards, NAS Whiting Field has implemented a boater safety course.

All individuals are required to complete our boater safety course and be in possession of their "Boater Safety Card" in order to operate any motorized watercraft at Whiting Park.

The Boater Safety Course consists of a written test <u>and</u> a practical proficiency demonstration for safe operation of our motorized vessels on the waters of the Blackwater River.

- 1. Test can be taken at any time during normal hours of operation.
- 2. The practical can be scheduled at the time the test is completed.

A "Boater Safety Card" will be issued by Whiting Park upon successful completion of the written test and the practical proficiency demonstration.

Additionally, those born after 1 Jan 1988 are required to provide proof of completion of the Florida state course available through www.boatus.org/florida.

Boater Safety Manuals are available at Whiting Park.

Furthermore, this card / course is reciprocated at NAS Pensacola as well as the completion of the NAS Pensacola boating safety course is recognized at NAS Whiting Field (Whiting Park).



## Take this FREE course! www.boatus.org/florida





## Whiting Park Recreation Area

- Six Riverfront Acres
- Boat Rentals
- Grills & Pavilions
- Fishing pier & more





5499 Old River Road Milton, FL 32583 850-623-2383



## **Get Outdoors**



## Wiggley Field

Wiggley Field Dog Park is an exercise area built especially for our k-9 friends. We've converted the softball field under the water towers into a safe fenced in area to allow your pets a friendly place to play.

- One acre of grassy area surrounded by a padded 4 foot tall safety fence.
- Safety fence uses a double gate entry exit system for increased security.
- Shaded areas in the observation dugouts and under the oak trees.
- Water faucet with hose and stainless steel bowls.
- Ample parking lot adjacent to dog park.

Call us at Community Recreation for more information 850-623-7032.

## NAS Whiting Field Driving Range

Our driving range features grass tees, mat hitting surfaces, and a separate area for chipping practice. FREE Rental Clubs are available at: Community Recreation and the Fitness Center.

The range is open every day from sunrise to sunset. Range balls are available from the onsite dispenser using our tokens. Dispenser vends approximately 50 balls per token. Purchase \$2.00 tokens at the Community Recreation Desk, Fitness Center, North and South Field Snack Bars and at the Tower Cafe.

Call us at Community Recreation for more information 850-623-7032.



## **Something Special**

MWR Team of
NAS Whiting Field
is a Finalists for the
National Gold Medal
Award in Parks and
Recreation Management



#### 2021 Armed Forces Recreation Finalists

Naval Submarine Base Kings Bay — Kings Bay, Georgia Naval Air Station Whiting Field — Milton, Florida Naval Base Coronado — San Diego, California US Army Garrison Bavaria — Grafenwoehr, Germany

The American Academy for Park and Recreation Administration (AAPRA), in partnership with the National Recreation and Park Association (NRPA), is pleased to announce the finalists for the 2021 National Gold Medal Awards for Excellence in Park and Recreation Management. Musco Lighting, LLC continues its 20+ years as the proud sponsor of the National Gold Medal Awards program.

Founded in 1965, the Gold Medal Awards program honors communities in the United States that demonstrate excellence in parks and recreation through long-range planning, resource management, volunteerism, environmental stewardship, program development, professional development and agency recognition. Applications are separated into seven classes, with five classes based on population, one class for armed forces recreation and one class, awarded on odd numbered years, for state park systems.

Agencies are judged on their ability to address the needs of those they serve through the collective energies of community members, staff and elected officials. Four finalists in each class are chosen to compete for grand honors each year.

In announcing the 2021 Finalists, AAPRA Executive Director Jane H. Adams shared, "Each Finalist is congratulated for receiving this prestigious award. We know local communities, state park systems, and military installations worldwide met the challenge of being responsive to the changing demands of delivering services during the COVID 19 pandemic. Park visitors and program participants have come to rely upon their service provider for physical, mental, and emotional support during this pandemic. The Academy congratulates each Finalist for their management excellence during this unprecedented time."







FEATURES
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