



**Installation:** Naval Air Station Whiting Field  
**Address:** 7511 USS Enterprise St. Bldg. 3025  
**Phone:** (850) 623-7177  
**Email:** cnic\_se\_whtg\_ffsc@us.navy.mil



## FFSC NAS WHITING FIELD WORKSHOP SCHEDULE FOR JULY

Pre-registration is requested for all workshops. To register for our workshops, please call (850)-623-7177 or email cnic\_se\_whtg\_ffsc@us.navy.mil. All workshops are FREE and open to all active duty, reserve, retired personnel and their family members.

### Personal Financial Management Programs

July 1st	<b>TC11 Leadership Training @ 1300</b>
July 8th	<b>Consumer Awareness @ 1300</b>
July 15th	<b>Paying for College @ 1300</b>
July 22nd	<b>Renting @ 1300</b>
July 29th	<b>The Thrift Savings Plan @ 1300</b>

### Relocation Assistance Programs

July 1st	<b>Final PCS @ 0800</b>
July 1st	<b>Sponsorship (Bldg. 2998) @ 1000</b>
July 9th	<b>Smooth Move (Bldg. 2998) @ 1100</b>
July 23rd	<b>Smooth Move (Bldg. 2998) @ 1100</b>

### Transition Assistant Program (TAP)

July 28-30	<b>TAP (Bldg. 2998) 0800-1600</b>
Jul 31-Aug 1	<b>B2B (Virtual) 0800-1600</b>
Aug 25-27	<b>TAP (Bldg. 2998) 0800-1600</b>
Sep 22-24	<b>TAP (Bldg. 2998) 0800-1600</b>

### Family Employment Programs

July 2nd	<b>Mastering Your Resume @ 1300</b>
July 17th	<b>Starting Your Own Business @ 0900</b>
July 25th	<b>Acing the Interview @ 1300</b>

### Life Skills Education Programs

July 3rd	<b>Stress Management @ 1000</b>
July 10th	<b>Anger Management @ 1200</b>
July 15th	<b>Flight School &amp; Marriage @ 1300</b>
July 29th	<b>Mental Health Trivia @ 1030</b>

### Military Family Support Programs

July 11th	<b>Mind, Body, Mental Fitness (MBMF) Mod. 1 @ 1200</b>
July 22nd	<b>Military Spouse 101 @ 0900</b>
July 25th	<b>Mind, Body, Mental Fitness (MBMF) Mod. 2 @ 1100</b>

### Clinical

July 31st	<b>FAC Training @ 0800</b>
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