

Morale, Welfare & Recreation Department at Naval Air Station Whiting Field

BEACON

June

NEWSLETTER

2021



**Summer
Reading
Program!**
- see page 2

Program & Event Highlights

Community Recreation

Guided Kayak Tour (Sun, Jun 6 – pg5)
Paint and Sip (Wed, Jun 16 – pg4)

Fitness

Lazy Ironman Triathlon (Month of Jun – pg10)
Pop-Up Fitness Challenges (Month of Jun – pg10)
Valhalla Challenge (Jun 14-18 – pg8)
Beat the Heat Paddle Relays (Sun, Jun 27 – pg9)

Library

Summer Reading Program (Jun1 – Aug 5 – pg3)
Story Time (Every Wed at 10am – pg14)
Tower Book Club (Wed, Jun 28 – pg14)

CLICK!



WATCH FOR THESE ICONS!

➤ Click to sign up or register for an event through our secure website

➤ Click to explore all the information about the event or program through our website

CLICK!



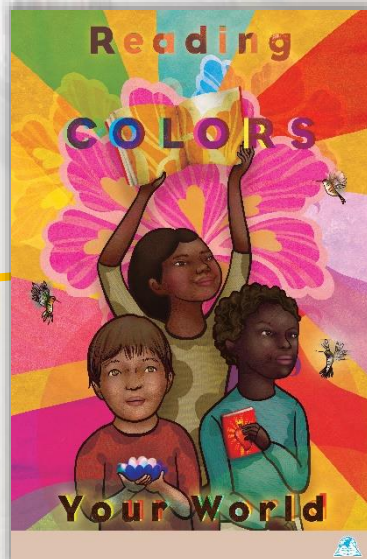
On the Cover!

Win Prizes for Summer Reading!

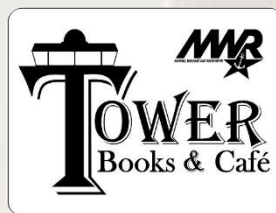
Our Navy General Library is located inside the Tower Books & Café. It is the first co-located library-coffee shop in the Navy.

Summer Reading Program!

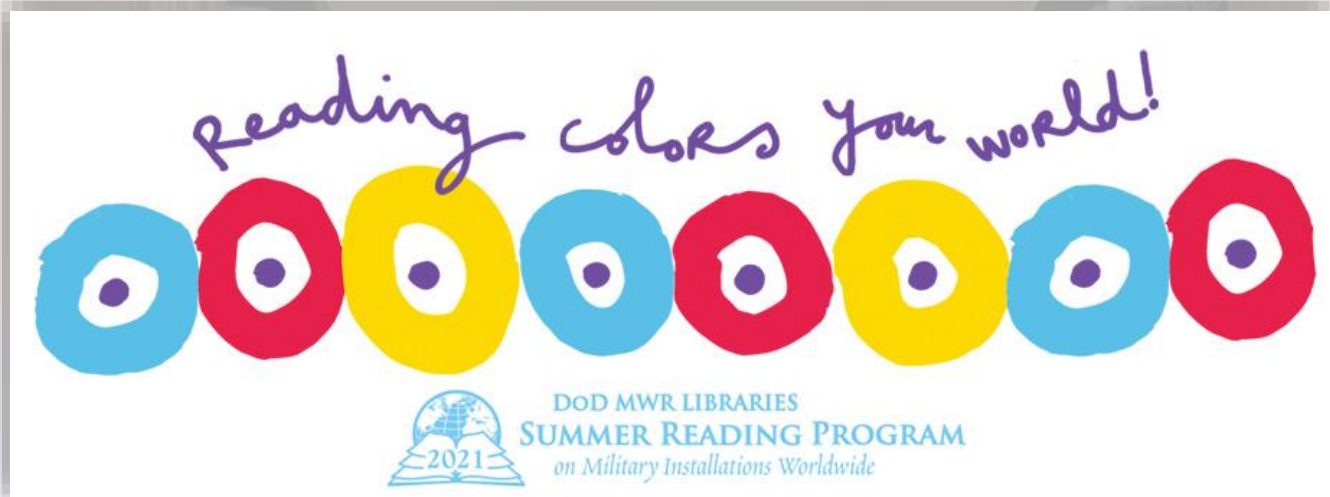
June 1 – August 5
See page 3 for all the details on how to get involved!



NAS Whiting Field Summer Reading Program June 1 – August 5



Earn prizes for reading and join in fun events!



Read! Read! Read! Log your minutes to complete the "Reading Colors Your World" Challenge!

Please join us on Thursday, August 5, 2021 for the Summer Reading Program Closing Ceremony to celebrate your reading achievement. All ages are welcome!

Get started by registering!

- Online registration begins June 1st
 - In person registration begins June 14th
 - Sign up at <https://whitingfield.beanstack.com/reader365>
 - Click the "Register" button
 - Register yourself or a child
 - Enroll in the Reading Program
- for the appropriate reader's age group
- Optional: register additional children

*Summer Reading Program
is sponsored by:*



NO ENDORSEMENT IMPLIED

Have Some Fun!

Paint & Sip

Wednesday, June 16 - 4:30PM - 6:30PM
SIKES HALL

Includes a beverage ticket!



\$25 per person



Sign-up Now!

Call Community Recreation at 850-623-7032

CLICK!

EXPLORE!

Paint & Sip

Date and Time: Wednesday, June 16th 4:30pm – 6:30pm

Location: Sikes Hall

Description: Spend the evening painting your very own masterpiece at our Paint and Sip. Our paint night will include an instructor lead paint night with all art supplies provided and a drink ticket. Create your very own masterpiece at our paint and sip party!

Provided: Price includes all supplies and a beverage ticket.

What to bring: Inner Bob Ross

Fee: \$25 per person

Register: by Monday June 14th call 850-623-7032

or online <https://myffr.navyaims.com/wbws/nrsewhitingfield.wsc/wbsplash.html?wbp=1>



CLICK!

Sign Up!



Get Outdoors



Guided Kayak Tour

Date and Time: Sunday, June 6th beginning at 11:00am

Eligibility: Military/ DOD ID card holders and family members

Location: Meet us at Whiting Park, 5499 Old River Road, Milton, FL 32583

Description: Kayak the beautiful Blackwater River with our fabulous guides. This event is suitable for all skill levels. We'll return about 4:00pm to Whiting Park.

What to bring: Water, lunch or snacks, sunscreen, hat. Ensure attire is weather appropriate and water safe.

Fee: FREE – **REGISTRATION IS MANDATORY**

Register: by June 3rd at 850-741-8746 or online at

<https://myffr.navyaims.com/wbwsc/nrsewhitingfield.wsc/wbsplash.html?wbp=1>

Liberty News

*** LIBERTY PROGRAM IS OPEN TO ACTIVE DUTY AND GEO-BACHELORS ***

Intro to Kayak 18+*

Liberty (Active Duty E5 and below)

As part of the Guided Kayak Tour – Liberty patrons come early at 10:00am. Get an in-depth kayak lesson before our Kayak Tour.

Fee: FREE – **REGISTRATION IS MANDATORY BY JUNE 3rd**

To register for this free event, stop by or call Community Recreation at 850-741-8746.



Liberty's Father's Day Card Making

Date and Time: Monday, June 14th from 11:00am-12:00pm

Eligibility: Single Active Duty Military/Geo-bachelors

Location: In front of NAS Fitness Center

Description: Join Liberty as we get ready to celebrate Father's day. Stop by the Liberty table and create a custom Father's Day Card.

Fee: Free

Provided: Cards, envelopes, postage stamp, and decorative materials.

What to bring: Love for your Daddy!

Fitness / Sports

FITNESS CENTER:

HOURS OF OPERATION:

Monday – Friday 4:30am-9:00pm

Sat, Sun & Hol 8:00am-4:00pm

CLICK!

EXPLORE!



Fitness News

**Let us help you
Stay Fit!**

Follow along on our



ALWAYS READY

WHITING FIELD MWR FITNESS CENTER

Filled with top of line Fitness Equipment, our Fitness Center is designed to keep you Mission Ready. Speak with a certified trainer about any of your fitness needs today.

M-F 0430-2100
S/S- 0800-1600
HOLIDAY- 0800-1600
PHONE: 850.623.7412

Follow us! @WFMWR

for up to date info,
equipment highlights,
workout tips,
challenges,
and more!

Or download our APPs



www.NavyMWRWhitingField.com



Aquatics

Swimming Pool Note - effective Saturday, June 5

Open for Lap Swim and Recreational Swim as follows:

Saturday-Sunday 9:30am-4:00pm

Monday-Friday 11:00am-6:00pm

Open for Lap Swim only as follows:

Monday-Friday 6:00am-8:00am

Weather Notice:
The pool closes
for inclement
weather.



Starting Sunday, June 6

FLOAT DAYS

Every Sunday

Bring your own floats or use ours!



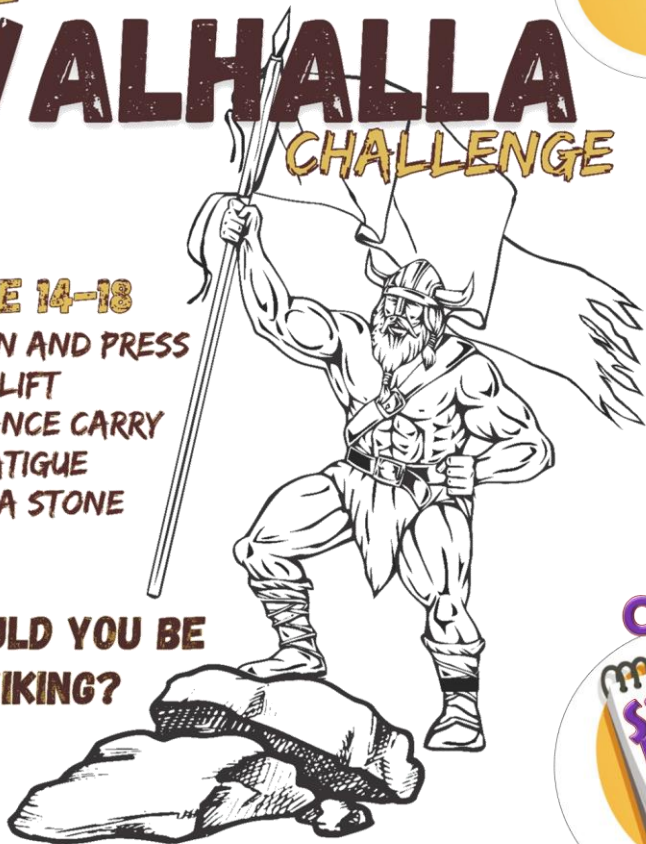
Events

THE VALHALLA CHALLENGE

JUNE 14-18

**CLEAN AND PRESS
DEADLIFT
DISTANCE CARRY
TO FATIGUE
WITH A STONE**

**COULD YOU BE
A VIKING?**



Follow Us: @WFMWR

www.NavyMWRWhitingField.com

CLICK!

EXPLORE!

Date and Time: Monday, June 14th through Friday, June 18th

Location: Fitness Center

Description: Participate in this historical event used by Vikings to determine fitness. All movements are performed with a stone: lift to chest and press overhead, deadlift from ground, distance carry. Could you be a Viking?

Provided: Heavy stones and chants of encouragement

What to bring: Viking spirit (horn helmet optional)

CLICK!



**SIGN UP NOW
BY USING
MYFFR**

It's Softball Season

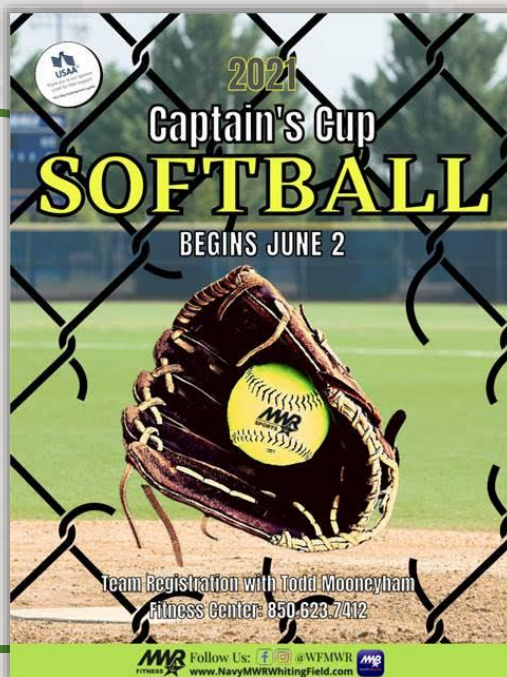
Dust off your cleats and get that glove out of the closet!

If you have a department or squad interested in having a team, please contact us at the Fitness Center 850-623-7412

Thank you to our sponsor USAA!

#sponsored by @USAA, to learn more about USAA please visit:

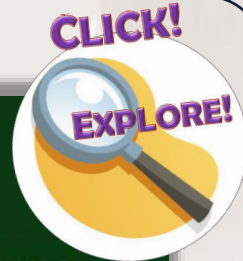
www.usaa.com/inet/wc/insurance-products



Get Outdoors

CLICK!

EXPLORE!



Beat the Heat PADDLE RELAYS

2 Person Teams

Sunday, June 27
8am-10am



Whiting Park



CANOES - KAYAKS

STAND-UP PADDLEBOARDS

CLICK!

Sign Up!

**SIGN UP NOW
BY USING
MYFFR**

Beat the Heat Paddle Relays

Date and Time: Sunday, June 27th beginning at 8:00am

Eligibility: Military/ DOD ID card holders and family members

Location: Join us at Whiting Park, 5499 Old River Road, Milton, FL 32583

Description: Two person teams will use our kayaks, paddleboards, and canoes during the races. The relay races begin with one person from each team paddling a kayak down and back. Then the second person will paddle a paddleboard down and back. The last leg will require both team members to paddle a canoe down to the mid point, switch seats in the canoe and then paddle back to the finish line.

What to bring: Weather appropriate and water safe attire, water, lunch or snacks, sunscreen, hat.

Fee: FREE – **REGISTRATION IS MANDATORY**

Register: by May 24th at 850-623-7412 or online at

<https://myffr.navyaims.com/wbwsc/nrsewhitingfield.wsc/wbsplash.html?wbp=1>





SWIM
2.4 miles

BIKE
112 miles

or

ROW
10,000 meters

RUN
26.2 miles

LAZY Ironman

June 2021 | Fitness Challenge

NAS Whiting Field Fitness Center | 850-623-7412

Complete this self-paced month long challenge to earn a certificate of achievement!

MWR
NAVAL AIR STATION
WHITING FIELD

CLICK! EXPLORE!

Complete an Ironman triathlon event in one month's time! This self-paced challenge takes place through the month of June.

Complete the event and be rewarded with a certificate of accomplishment! Log your mileage in our log book at the Fitness Center.

Events include a 2.4 mile swim or 10,000 meter row, 112 mile bike ride and a 26.2 mile run.

The Fitness Center will host several BRICK training opportunities throughout the month for patrons to "get the feel" for the transitions of a triathlon. Patrons that complete the event will be rewarded with a certificate of completion!

Pop-up Challenges

Join our Fitness Team at our pop-up challenges and you could win something cool!

Thank you to our sponsor USAA! #sponsored by @USAA, to learn more about USAA please visit: www.usaa.com/inet/wc/insurance-products



MWR
FITNESS

POP-UP CHALLENGES

Keep an eye out for our Fitness Team!

They will be popping up around base with challenges and giveaway's all month long!

Follow us! @WFMWR

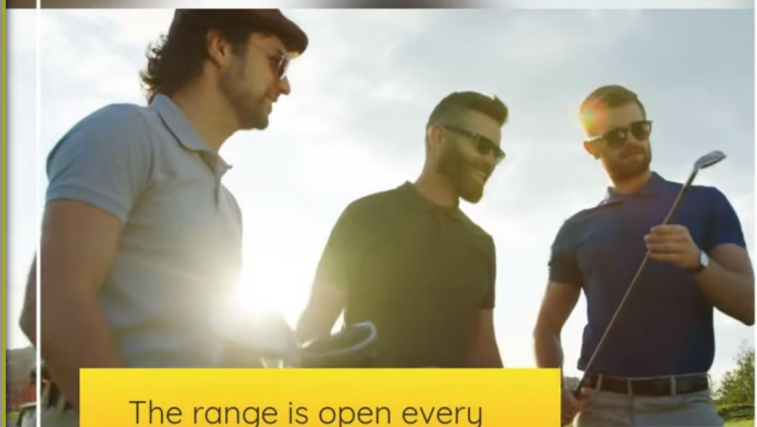
www.NavyMWRWhitingField.com

Get Outdoors

NAS Whiting Field Driving Range

CLICK!

EXPLORE!



The range is open every day from sunrise to sunset.



Our driving range features grass tees, mat hitting surfaces, and a separate area for chipping practice. FREE Rental Clubs are available at: Community Recreation and the Fitness Center.

The range is open every day from sunrise to sunset. Range balls are available from the onsite dispenser using our tokens. Dispenser vends approximately 50 balls per token. Purchase \$2.00 tokens at the Community Recreation Desk, Fitness Center, North and South Field Snack Bars and at the Tower Cafe.

Call us at Community Recreation for more information 850-623-7032.

Explore Trails

Miles of jogging, biking and hiking areas are available at NAS Whiting Field.

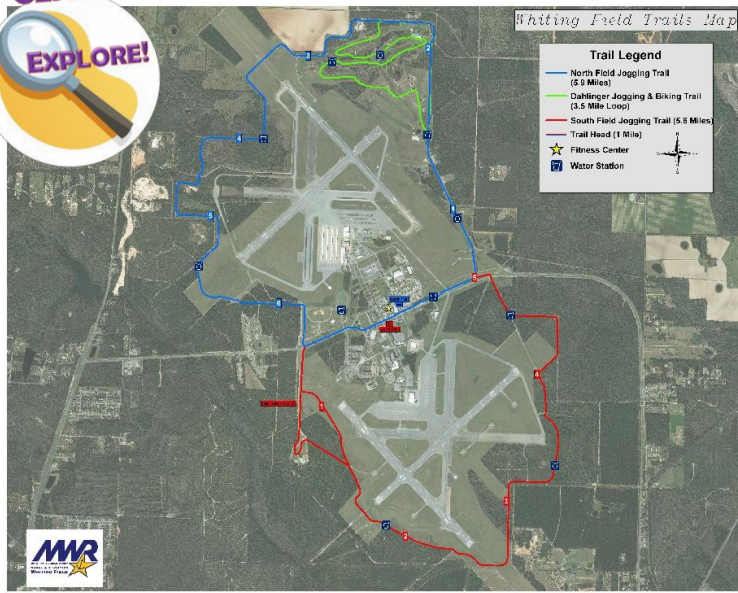
Ranging from our 1/4 mile track around the football field to our scenic Nature Trail and boardwalk over Clear Creek. You're sure to find an outdoor workout area to suite your needs.

Remember to stay hydrated by bringing your own water as you explore.

You'll find that Mother Nature has provided scenic views and dense wooded greenspace to encourage you along your route through our trails. A map of our trails is available to download and keep handy to find your way around.

CLICK!

EXPLORE!



Visit our website to find all our trails on base:

<https://www.navywmrwhitingfield.com/programs/581207cd-7bc2-4aeb-afd0-992457ff9807>

Food & Beverage

Hello from South of the Border!

Try our standard burritos or be creative with our loaded burritos which give you a choice of meats, beans, rice, corn, sautéed vegetables and all the cold fixings! Guaranteed to leave you satisfied. We have ready made “grab and go” salads and daily specials too.

Northfield Snack Bar is the place to go if you're looking for healthy options or you're trying to go gluten free, we have many great menu items to choose from. Come see us today!



North Field Snack Bar
850-623-2692
Mon-Fri 7:00am-1:00pm

Located in the North Field parking area



South Field Snack Bar
850-623-6574
Mon-Fri 6:00am-7:00pm

Located inside the South Field Squadron Building

Offering a little bit of everything! We have many delicious breakfast sandwiches, burritos and omelets to choose from.

In a hurry? We make fresh salads daily that are ready when you need them. Add to that a bowl of our homemade soups or chili and you have a quick meal on the go.

Enjoy a burger, Philly cheese steak, chicken strips, or wraps with some hot fries that are prepared especially for you.

See all our dining options!

Visit our website for all our menus:
www.navymwrwhitingfield.com



Food & Beverage



**LIMITED TIME OFFER
at TOWER BOOKS & CAFE!**

Designer Salads at the Coffee Shop!



Jalapeno Pork Salad

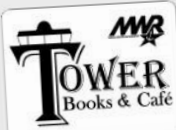
Jalapeno Pork Salad - Spring mix, shredded Mozzarella cheese, Cucumbers, tomatoes, onions, shredded pork and topped with Spicy Jalapeno Ranch dressing
\$6.50

Italian Salad - Spring Mix, shredded Mozzarella cheese, ham, Genoa Salami, Pepperoni, tomatoes, onions, black olives, and Parmesan cheese (Balsamic Dressing is recommended)
\$6.00

Caprese Salad - Spring mix, Mozzarella, tomatoes, cucumbers Served with Balsamic Dressing
\$5.75

Side Salad - Spring Mix, shredded mozzarella cheese, cucumbers, black olives, tomatoes, onions & bacon
\$3.00

Garden Salad - Same as side salad only larger!
\$4.75



Add Meat: Chicken, Ham, Pork, or Beef
\$2.50

Dressing Choices: Ranch, Blue Cheese, Balsamic, Light Italian

Tower Café (Coffee Shop)
850 -623-7290
Mon-Fri 6:00am-1:30pm

Enjoy early morning treats and a tasty lunch in our Starbucks coffee shop! You can enjoy your favorite coffee beverage whether it's hot, iced, or frozen. Top it off with one of our gourmet pastries, muffins or biscuits and you can't go wrong. Lunch offerings of hot panini sandwiches and fresh designer salads are sure to wake up your taste buds.



See all our dining options!

Visit our website for all our menus:
www.navymwrwhitingfield.com

Navy General Library (Tower Books)

HOURS OF OPERATION:

Monday – Friday 8:00am-4:00pm

PATRONS: All Eligible Patrons

SERVICE NOTES:

- The Library is open to browse resources
 - Returned items are not available for at least 24 hours
- You can request an item by either calling the Library at 850-623-7861 or email the Library at whitingfieldlibrary@gmail.com



To view our catalog go to:

<https://eosfcweb01.eosfc-intl.net/N94058/OPAC/TileStart.aspx>



Join us for Story Time every Wednesday at 10am!

We'll meet in the Tower Books and Café to take you on an adventure!

This program is recommended for ages 2-4 and parents must be present with their children for the duration of the program. Registration is not required but space is limited..

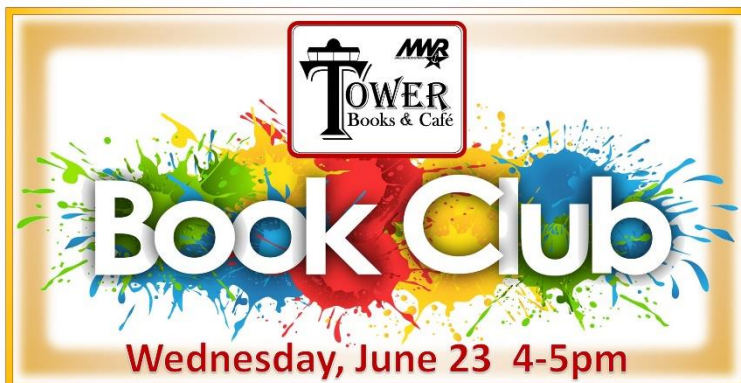


Thank you to our sponsor First Command - Pensacola, FL
First Command to learn more about First Command please visit:
<https://www.firstcommand.com/insurance/>
No Navy Endorsement Implied.



NO ENDORSEMENT IMPLIED

Great news bibliophiles ---



We're looking forward to seeing you soon!

The time has FINALLY come for us to unite the MWR Tower Book Club once again! Our first gathering will be on Wednesday, June 23rd from 4:00pm to 5:00pm in the library conference room. We will be reading If You Come Softly by Jacqueline Woodson. Visit the Tower Books & Café to pick up your book and get your name on the list.

Here's an MWR resource for those who prefer e-books or audio books:

NavyMWRDigitalLibrary.org for access to the Overdrive and the Libby's apps.

Community Recreation

COMMUNITY RECREATION

(Bldg. 1417 Operations)

HOURS OF OPERATION: Monday – Friday

8:00am-4:00pm

PATRONS: All Eligible Patrons

SERVICE NOTES:

- Reservations for equipment check out is strongly encouraged by calling:
850-623-7032 / 850-665-6250 M-F 8:00am-4:00pm
- All patrons must wear a mask

PRICE LIST

Download our latest

[Tickets & Travel Brochure.pdf](#)

Rental Equipment List

[Outdoor Recreation Rental Equipment.pdf](#)

PRICE LIST



American Forces Travel

<https://www.americanforcestravel.com>

Book great military discounts on hotels, flights, cars, packages, cruises, and more.

CLEAR CREEK RV PARK

HOURS OF OPERATION:

Monday – Friday 8:00am-4:00pm

On Site Services available at the Community Recreation Office.

Clear Creek RV Park



Stay! Play! Relax!

SERVICE NOTES:

- Reservations must be in advance and can be provided by calling the office at 850-623-7032 or by calling the 24/7 call center at 877-628-9233 (877-NAVY-BED) or by accessing <https://get.dodlodging.net>

Whiting Park

Reopening Soon!

DATE TO BE DETERMINED



Whiting Park Recreation Area

- Six Riverfront Acres
- Boat Rentals
- Grills & Pavilions
- Fishing pier & more



5499 Old River Road
Milton, FL 32583
850-623-2383

Be ready with the Boater Safety Course

Have your credentials ready to use one of our power driven vessels.

Born after January 1, 1988?
Those born after January 1, 1988 are required to provide proof of completion of the Florida state course.

Take this FREE course!
www.boatus.org/florida

NAVY MWR

"Boater Safety Course"

In accordance with CNIC standards, NAS Whiting Field has implemented a boater safety course.

All individuals are required to complete our boater safety course and be in possession of their "Boater Safety Card" in order to operate any motorized watercraft at Whiting Park.

The Boater Safety Course consists of a written test and a practical proficiency demonstration for safe operation of our motorized vessels on the waters of the Blackwater River.

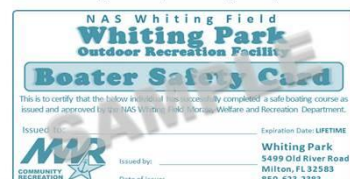
1. Test can be taken at any time during normal hours of operation.
2. The practical can be scheduled at the time the test is completed.

A "Boater Safety Card" will be issued by Whiting Park upon successful completion of the written test and the practical proficiency demonstration.

Additionally, those born after 1 Jan 1988 are required to provide proof of completion of the Florida state course available through www.boatus.org/florida.

Boater Safety Manuals are available at Whiting Park.

Furthermore, this card / course is reciprocated at NAS Pensacola as well as the completion of the NAS Pensacola boating safety course is recognized at NAS Whiting Field (Whiting Park).



Ace's Pub

JOIN US

Open every Friday
3pm - 6pm

ACES PUB
(LOCATED IN THE GATEWAY INN)



NOW OPEN



Ace's is decorated in a classic aviator theme. Aviation oriented memorabilia provide an elegant theme to this inviting pub. Visit us in the lobby of the Navy Gateway Inns and Suites. The pub is available for your party or private event too!

Military Appreciation Picnic

NAVAL AIR STATION
WHITING FIELD



SPORTS COMPLEX

18 **FRIDAY**
JUN 1pm-5pm

Sponsored by the Santa Rosa County Chamber of Commerce

SANTA ROSA COUNTY
Chamber of Commerce

AND
TOURIST INFORMATION CENTER

The Department of the Navy does not endorse any company, sponsor or their products or services.



MADE FOR THE MILITARY

For nearly 100 years, we've served military members.
We not only understand your needs — we share your values.
You'll see it in our products and services tailored for military life.

Join **USAA** [USAA.COM/JOIN](https://www.usaa.com/join)
or call 800-531-8521



**WHAT YOU'RE MADE OF
WE'RE MADE FOR™**

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Download our latest
Beacon Newsletter
and subscribe to
receive delivery of
our publications.

