

SATURDAY, AUGUST 9

# Join Our Pickleball Clinic!



**9-11AM**  
*in the  
gym*

*Ages 18+*  
*Learn and Play Today*

Whether you're brand new to pickleball or looking to build confidence on the court, this clinic is for you! Join us for a fun, low-pressure session focused on the fundamentals and early intermediate skills.

You'll learn and practice:

- Basic rules and scoring
- Proper grip, footwork, and paddle technique
- Serving, returning, and dinking
- Court positioning and beginner strategy
- Intro to shot selection and game flow for lower-level intermediates



**Fitness Center: 850-623-7412**

Visit us on the web: [NAVYMWRWhitingField.com](http://NAVYMWRWhitingField.com)

