

# SUNSET YOGA

AT WHITING PARK

THURSDAYS  
MAY 7 - JUNE 11  
5:15 PM

**Bring Your  
Own Mat!**

**No Mat?  
No Worries!  
Mats Available  
-While  
Supplies Last.**



**For More Information,  
Call the Fitness Center: 850-623-7412**



WHITING PARK | 5499 Old River Rd.  
850-623-2383 | Milton, FL 32583  
<https://www.navymwrwhitingfield.com/>