Morale, Welfare & Recreation Department at Naval Air Station Whiting Field



RIG AL **Join the Programs & Events**

THE FITNESS CENTS

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Program & Event Highlights

Build and Play: Wood Toys (Sat, Aug 7 – pg3) - \$10 per child

Group Pontoon Course (Sun, Aug 8 and Sat, Aug 28 – pg4) - \$ 10 Per person

Paint & Sip (Wed, Aug 11 – pg3) - \$25 per person

Kayak the Blackwater River Tour (Sun, Aug 22 – pg4) - \$10 per person



Virtual Story Time (Every Wed – pg9) - Join us on our YouTube channel

Tower Book Club (Thu, Aug 26 – pg9) - Join the lively discussion

Fitness/Aquatics

Whiting Survivor Challenge (Aug 21 – pg5) - Free outdoor fitness challenge

Softball Games (Every Wed, - pg6) - Join the excitement of the games



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Community Recreation

On the Cover!



Our outdoor programs are a **BIG HIT**!

Softball games take place week at the Sports Complex. – page 6

Join the Survivor Challenge – page 5

WATCH FOR THESE ICONS!

CLICK! > CI fo se

Click to sign up or register for an event through our secure website



www.NavyMWRWhitingField.com

@WFMWR | Download the Navy MWR Whiting Field app in the app store.

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CLICK!

EXPLORE!

Programs & Events

Use MyFFR for online registration: https://myffr.navyaims.com/wbwsc/nrsewhitingfield.wsc/wbsplash.html?wbp=1



Kids Build & Play: NATURE QUEST

Decorate wooden toys then explore Blackwater River with our watercraft. Pre-staged kayaks, canoes, and stand-up paddleboards available for free at the event.

Date and Time: Saturday, August 7th, 11:00am-1:00pm Location: Whiting Park Eligibility: Military/ DOD ID card holders and family members Fee: \$10- per child Provided: Price includes all supplies and use of our human powered watercraft.

Fee: \$10- REGISTRATION IS MANDATORY BY AUGUST 4 Register: Call Community Recreation at 850-623-7032

Get creative with us!

Spend the evening painting your very own Cactus Themed masterpiece at our Paint and Sip. Our paint night will include an instructor lead paint night with all art supplies provided and a drink ticket.

Date and Time: Wednesday, August 11^{th,} 4:30pm Location: Sikes Hall Eligibility: Military/ DOD ID card holders and family members Fee: \$25- per person

Provided: Price includes all supplies and a beverage ticket.

What to bring: Inner Bob Ross

CLICK!

Paint & Sip Create your masterpiece of art at our Cactus Themed

Cactus Theme

- Paint and Sip Party!!
- Instructor-led
- All supplies included ... and drink ticket too!

Sign Up Now!



WHITING FIELD

4:30pm Sikes Hall Wed, August 11

REGISTER BY

Monday, Aug 9

3

Per Person

Fee: \$25- REGISTRATION IS MANDATORY BY AUGUST 9 Register: Call Community Recreation at 850-623-7032

Get Outdoors

Learn the **basics**, then **explore** the **Blackwater River**!

Group Pontoon Course

Date and Time: Sunday, August 8 12:00-2:00pm Saturday, August 28 12:00-2:00pm Fee: \$10-REGISTRATION IS MANDATORY BY FRI, AUG 6 and FRI, AUG 27



Sunday August 22 9am-2pm

4

Prepare for pontoon renting with our group course. Our instructor will provide you with a walk-through of our Safe Boater Course. You will have a chance to see what we look for in the On-Water Practical and time to complete the Written Test. On-Water Practical will be individually scheduled at a later date with your instructor.

Eligibility: Military/ DOD ID card holders and family members

Fee: \$10- REGISTRATION IS MANDATORY BY FRI, AUG 6 and FRI, AUG 27 Register: Call Whiting Park at 850-623-2383

Soak up some sunshine. Learn the basics of kayaking from your guide. Use your new knowledge to explore the Blackwater River for a guided tour. We'll stop for lunch and relaxing on a sandbar before returning to Whiting Park.

Eligibility: Military/ DOD ID card holders and family members

Fee: \$10- REGISTRATION IS MANDATORY BY AUGUST 20 Register: Call Whiting Park at 850-623-2383

www.NavyMWRWhitingField.com |

Guided Kayak Tour

Fitness / Sports

FITNESS CENTER:

HOURS OF OPERATION:

Monday – Friday 4:30am-9:00pm Sat, Sun & Hol 8:00am-4:00pm

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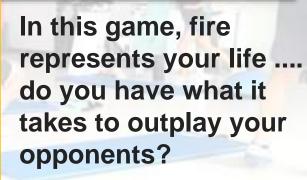
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WHITING FIELD MWR FITNESS CENTER

Filled with top of line Fitness Equipment, our Fitness Center is designed to keep you Mission Ready. Speak with a certified trainer about any of your fitness needs today

M-F 0430-2100 S/S- 0800-1600 Holiday- 0800-1600 Phone: 850.623.7412 Follow us! eWFMWR for up to date info, equipment highlights, workout tips, challenges, and more! Or download our APPs for the time of time of



www.NavyMWRWhitingField.com

Join the Fitness Team on Saturday, August 21 at 7:30am at the Old Golf Course for your chance to drop your buffs, gain immunity, and survive this unique 5K! This challenge is on!

Register your team at the Fitness Center!

Fitness / Sports

Something Cool!!

Pop-up Challenges

Join our Fitness Team at our pop-up challenges and you could win something cool!

out for our Fitne Team!

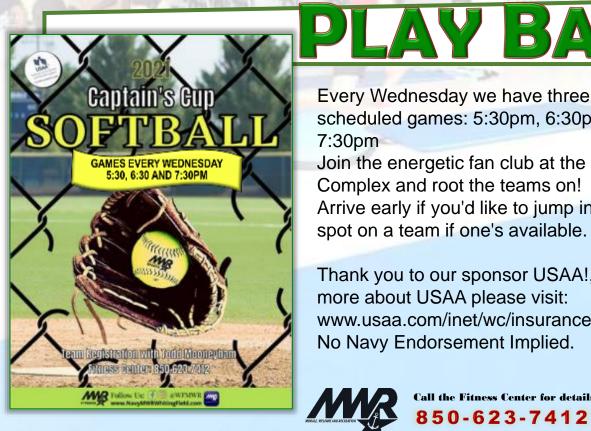
PAP-HP

LENGES

ey will be popping up around base with challenges and giveaway's all month long!

Follow us! @WFMWR

www.NavvMWRWhitingField.com



Every Wednesday we have three sets of scheduled games: 5:30pm, 6:30pm and 7:30pm

Join the energetic fan club at the Sports Complex and root the teams on! Arrive early if you'd like to jump in an open spot on a team if one's available.

Thank you to our sponsor USAA!, to learn more about USAA please visit: www.usaa.com/inet/wc/insurance-products. No Navy Endorsement Implied. Sponsored by:



Call the Fitness Center for details 850-623-7412



Aquatics

Lap Swim and Recreational Swim until Sunday, August 15th as follows:

Saturday-Sunday Monday-Friday 9:30am-4:00pm 11:00am-6:00pm

Open for Lap Swim only as follows: Monday-Friday 6:00am-8:00am

Every Sunday

Weather Notice: The pool closes for inclement weather.



Effective Sunday August 15th as follows:

- Saturday: 10:00am-4:00pm Recreation and Lap Swimming

- Sunday: 12:00pm-4:00pm Recreation and Lap Swimming
- Monday through Thursday: 6:00am-8:00am Lap Swimming
 Friday: Closed

oin the Fun at the Biggest Pool in Town!

Health Benefits of Swimming

• Keep cool while bringing your heart rate up - but takes the impact stress off your body.

• Helps maintain a healthy weight, healthy heart and lungs.

• Builds endurance, muscle strength and cardiovascular fitness.



Liberty News

LIBERTY PROGRAM IS OPEN TO ACTIVE DUTY AND GEO-BACHELORS

Outlying Field Summer Celebration

Dates: August 23-26

We're brining the summer celebration to our Outlying Fields (OLF's) this month.

Our hardworking teams will enjoy a special treat. We'll be making the rounds to ensure the brave men and women of our OLF's receive the attention they deserve.

Thank you for your service!

LIBERTY CENTER REMAINS CLOSED

Hang In There Folks!

It won't be long until we relocate to Airdales Recreation Center.

- ✓ New Food & Beverage Operation
- ✓ Huge Gaming Areas
- ✓ Kid's Play Zone
- Stadium Seating Movie Theater
- ✓ and so much more!



Navy General Library (Tower Books)

HOURS OF OPERATION:

Monday – Friday 8:00am-4:00pm PATRONS: All Eligible Patrons

SERVICE NOTES:

The Library is open to browse resources
Returned items are not available for at least 24 hours You can request an item by either calling the Library at 850-623-7861 or email the Library at whitingfieldlibrary@gmail.com



To view our catalog go to: "<u>https://milrec.bibliovation.com</u>"

Join us for Virtual Story Time every Wednesday!



Visit our Youtube channel for all our videos:

"https://www.youtube.com/channel/ UCMMGir5OcQTLzWe-5Ea3nLA".

Special thanks to our <u>#sponsored</u> by First Command - Pensacola, to learn more about First Command please visit:

"https://www.firstcommand.com/ins urance"

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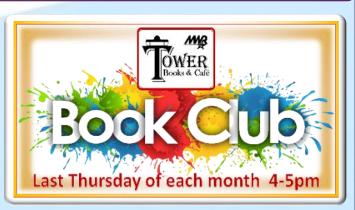


Call us for more information 850-623-7861

Be a part of the lively conversation!

Our next gathering will be on Thursday, August 26th from 4:00pm to 5:00pm in the library conference room. We will be discussing <u>Dark</u> <u>Matter</u> by Blake Crouch.

Visit the Tower Books & Café to pick up your book and get your name on the list.



www.NavyMWRWhitingField.com |



Food & Beverage

NORTH FIELD SNACK BAR

North Field Snack Bar, Bldg. 1492

Phone: 850-623-2692 Located next to the North Field hangars, featuring "South of the Border" menu options. Hours of operation: Mon-Fri, 7:00am-2:00pm

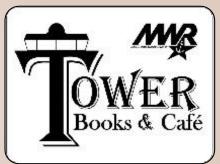
TAKE OUT ONLY!





Tower Cafe, Bldg. 2998 Phone: 850-623-7290

Our Tower Café is the perfect place to relax, read and study. This is our own gourmet coffee shop featuring Starbucks products, pastries, breakfast sandwiches and panini's all day. This is a great study spot! Hours of operation: Mon - Fri 6:00am-1:00pm







South Field Snack Bar, Bldg. 2977 Phone: 850-623-6574 Located inside the South Field Squadron building, serving up traditional fast order menu items. Hours of operation: Mon-Fri, 6:00am-7:00pm





Community Recreation

CLEAR CREEK RV PARK HOURS OF OPERATION:

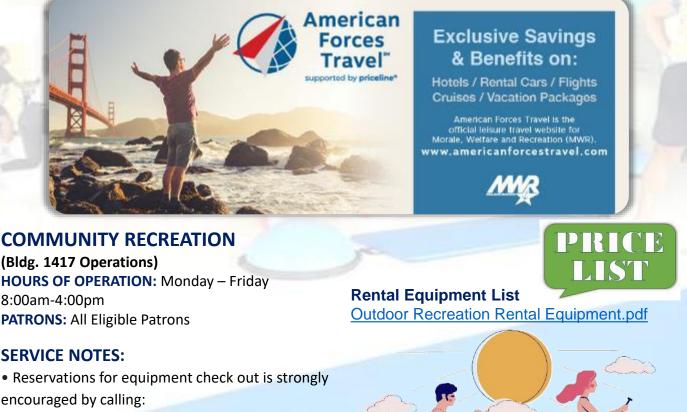
Monday – Friday 8:00am-4:00pm On Site Services available at the Community Recreation Office.

Clear Creek RV Park



SERVICE NOTES:

 Reservations must be in advance and can be provided by calling the office at 850-623-7032 or by calling the 24/7 call center at 877-628-9233 (877-NAVY-BED) or by accessing https://get.dodlodging.net



850-623-7032 / 850-665-6250 M-F 8:00am-4:00pm



Download our latest

www.NavyMWRWhitingField.com

Whiting Park



RECREATION



- Six Riverfront Acres
- Boat Rentals
- Grills & Pavilions
- Fishing pier & more





5499 Old River Road Milton, FL 32583 850-623-2383

Be ready with the Boater Safety Course

NAVY MWR **"Boater Safety Course"**

In accordance with CNIC standards, NAS Whiting Field has implemented a boater safety course.

All individuals are required to complete our boater safety course and be in possession of their "Boater Safety Card" in order to operate any motorized watercraft at Whiting Park.

The Boater Safety Course consists of a written test <u>and</u> a practical proficiency demonstration for safe operation of our motorized vessels on the waters of the Blackwater River.

- 1. Test can be taken at any time during normal hours of operation.
- 2. The practical can be scheduled at the time the test is completed.

A "Boater Safety Card" will be issued by Whiting Park upon successful completion of the written test and the practical proficiency demonstration.

Additionally, those born after 1 Jan 1988 are required to provide proof of completion of the Florida state course available through www.boatus.org/florida.

Boater Safety Manuals are available at Whiting Park.

Furthermore, this card / course is reciprocated at NAS Pensacola as well as the completion of the NAS Pensacola boating safety course is recognized at NAS Whiting Field (Whiting Park).



Take this FREE course! www.boatus.org/florida

We have pavilions with grills!

All of our boats are available for rent including our motorized vessels. Enjoy a calm wading area and fishing pier or play volleyball, horseshoes, basketball and an assortment of other games too.

If you'd like to rent one of our power driven vessels, a Boater Safety Course completion is required for those born after Jan 1, 1988. Here's a link to "BoatUS.org"

Have your credentials ready to use one of our power driven vessels.

Born after January 1, 1988? Those born after January 1, 1988 are required to provide proof of completion of the Florida state course.

Whiting Park Recreation Area 850-623-2383 or 850-741-8746

Hours of operation: Friday - Monday, 9:00am - 6:00pm Tuesday - Thursday, Closed

Get Outdoors



Wiggley Field

Wiggley Field is an exercise area built especially for our k-9 friends. We've converted the softball field under the water towers into a safe fenced in area to allow your pets a friendly place to play.

One acre of grassy area surrounded by a padded 4 foot tall safety fence.
Safety fence uses a double gate entry exit system for increased security.

- Shaded areas in the observation dugouts and under the oak trees.

- Water faucet with hose and stainless steel bowls.

- Ample parking lot adjacent to dog park.

Call us at Community Recreation for more information 850-623-7032.

CLICK!

EXPLORE!

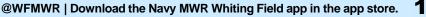
NAS Whiting Field Driving Range

Our driving range features grass tees, mat hitting surfaces, and a separate area for chipping practice. FREE Rental Clubs are available at: Community Recreation and the Fitness Center.

The range is open every day from sunrise to sunset. Range balls are available from the onsite dispenser using our tokens. Dispenser vends approximately 50 balls per token. Purchase \$2.00 tokens at the Community Recreation Desk, Fitness Center, North and South Field Snack Bars and at the Tower Cafe.

Call us at Community Recreation for more information 850-623-7032.

www.NavyMWRWhitingField.com |



The range is open every

day from sunrise to

sunset.





www.navymwrwhitingfield.com



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