



**Installation:** Naval Air Station Whiting Field  
**Address:** 7511 USS Enterprise St. Bldg. 3025  
**Phone:** (850) 623-7177  
**Email:** cnic\_se\_whtg\_ffsc@us.navy.mil



## FFSC NAS WHITING FIELD WORKSHOP SCHEDULE FOR MAY 2026

Pre-registration is requested for all workshops. To register for our workshops, please call (850)-623-7177 or email cnic\_se\_whtg\_ffsc@us.navy.mil. All workshops are FREE and open to all active duty, reserve, retired personnel and their family members.

### Personal Financial Management Programs

May 4-5	<b>Million Dollar Service Member (Bldg. 2998) 0800-1600</b>
May 7th	<b>Becoming Debt Free &amp; Finding Financial Freedom @ 1300</b>
May 12th	<b>Disaster Preparedness @ 1300</b>
May 19th	<b>Vesting in the Thrift Savings Plan (TSP) @ 1300</b>

### Relocation Assistance Programs

May 13th	<b>Smooth Move (Bldg. 2998) @ 1100</b>
May 21st	<b>Moving with EFM @ 1200</b>
May 27th	<b>Smooth Move (Bldg. 2998) @ 1100</b>

### Transition Assistant Program (TAP)

May 18-20	<b>TAP (Bldg. 2998) 0800-1600</b>
May 21-22	<b>Employment Track (Bldg. 2998) 0800-1600</b>
Jun 25-26	<b>Boots to Business (Bldg. 2998) 0800-1600</b>

### Family Employment Programs

May 7th	<b>Mastering Your Resume @ 1000</b>
May 14th	<b>Navigating Federal Employment @ 1300</b>
May 28th	<b>Job Fair Success @ 1300</b>

### Life Skills Education Programs

May 6th	<b>Communication @ 0900</b>
May 11th	<b>Stress Management @ 1200</b>
May 20th	<b>Team Building @ 1000</b>
May 28th	<b>Time Management @ 1000</b>

### Military Family Support Programs

May 1st	<b>Mind, Body, Mental Fitness (MBMF) Mod. 3 @ 1100</b>
May 7th	<b>Military Spouse 101 @ 1000</b>
May 15th	<b>Mind, Body, Mental Fitness (MBMF) Mod. 4 @ 1100</b>

### Clinical

May 22nd	<b>SAIL/Suicide Prevention @ 0900</b> <b>***Please RSVP***</b> <b>***Virtual Attendance optional when requested***</b>
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