



Will you be my **SWOLEMATE** **FITNESS CHALLENGE**



COUPLES-DESIGNED CLASSES

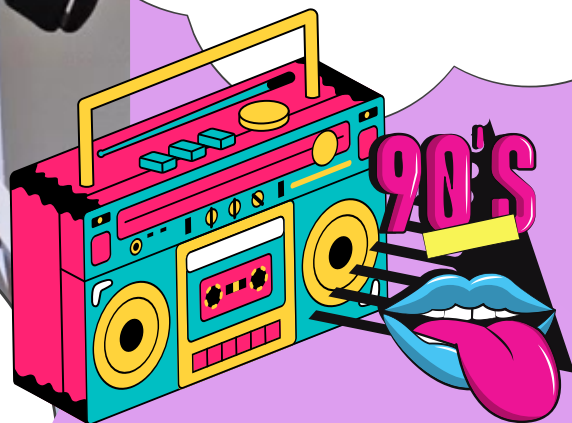
FITNESS CENTER
8:30am-12:30pm



CYCLING
CIRCUITS
YOGA
LIFTING

Please
Sign up now!
*limited spots
available for some
of the classes.

FITNESS CENTER
850-623-7412



Wear your 90's
themed costumes
to go along with
the music!

